



# The High Tide

June 2019

A newsletter for residents of Cañon del Sol

Vol. 2, Issue 5

## President's Message

It is beginning to look like spring/summer has finally arrived, and we are finished with rain until the fall/winter. While we will continue to place plants in bare spots and replace dead plants throughout the development, all major landscaping projects planned for early 2019 are completed. The success and longevity of our landscaping is dependent on the irrigation system which is aging and constantly in need of repairs. If you see plants in need of water or faults in the irrigation system in need of attention, please let Scott Thomas (831-722-4048) or me know, so repairs can be made.

In connection with our landscaping, the Board has been asked to reconsider its long-standing policy regarding tree trimming. Landscaping is the responsibility of the Association with homeowners allowed to make changes or additions at their expense when approved in advance by the Association. Tree trimming—that is, the trimming of trees that block views or are otherwise objectionable to a homeowner—is also permitted by the homeowner at the homeowner's expense if approved in advance by the Association. The Board has reconsidered these policies and determined not to make changes at this time.

Individual driveways are common areas, and their repair and maintenance is the responsibility of the Association. Power washing of the driveways has, however, long been deferred to homeowners desiring to undertake such a task with a power washer provided by the Association. The Board has reviewed this policy and has approved the power washing of all driveways in the development at the Association's expense. This will also include paved areas other than driveways in the development. This is a one-time event with no intention to do such power washing in the future; and, hence, there is no change in policy but rather an exception. A motivating factor in the decision is the desire to improve unit appearances and consistency in appearance of our driveways.

You will be given individual notice when your driveway will be washed so automobiles can be moved. Water from each unit will be used on that unit's driveway only, so you may notice a slight increase in your water bill.

Also at its meeting early this month, the Board approved improvements to the Clubhouse, including painting and the replacement of blinds and carpeting. In addition, the Board is taking steps to make the Clubhouse more accessible to members. We will provide more information on these projects as plans are developed. It is our hope that the improvements will be completed by year end.

Finally, I pass on to you an invitation from our neighbors, the Sand Dollar Beach Homeowners Association, to attend their annual Fourth of July party. As you know, we have developed a good working relationship with Sand Dollar recently as a result of the median project and other matters of mutual interest. For more information about this event, including time and place, see the invitation itself, which is appended to this newsletter.

*Henry Bose*

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*We hope you  
will attend  
our 4<sup>th</sup> of July  
get-together!*

**Saturday, July 6, 3 to 6 pm in the Clubhouse**

**Please RSVP to Pat Vance at 831-728-8707**

*BYOB: Plan to bring your own beverage of  
choice and a dish to share.*

## From the Board

### **Please Submit Your Membership Directory Information or Updates**

At our June board meeting, we discussed updating our 2016 Membership Directory. We have new owners we would like to include as well as owners who wish to update their information. Please send in any changes or updates to Anderson & Company by July 25, either by mail or e-mail:

Anderson & Company  
783 Rio Del Mar Blvd. Suite 59  
Aptos, CA 95003  
general@acomgt.com

## Swimming Pool & Spa

Pool/Spa Hours: 9 am – 10 pm



***Please follow all of  
the rules stated on  
the pool area sign-  
age.***

## Volunteer Opportunities



The Santa Cruz County Sheriff's is looking for volunteers to support its office in several ways. They ask for a minimum time commitment of six months from your start date.

**Child Safety Program:** Volunteers assist staff with presenting this program to second-graders through small group discussions, activities and skits. Classes are held during regular school hours; minimum commitment is 2-3 school presentations per month (approximately 6-8 hours per month).

**Service Centers:** Assist as a Civilian Patrol Driver or Office Assistant at a Service Center during business hours. There is a pressing need for volunteers to support the new Aptos Service Center, and volunteer positions are available at the front desk and for afternoon drivers (1-5 pm).

To apply online or print an application, go to:

[www.scssheriff.com](http://www.scssheriff.com)

## Now Open at Aptos Village

### ***New Leaf Community Market***

The Aptos Village New Leaf store opened on May 1st. It is housed in the historic Hihn Apple Bar. The new store is managed by third-generation native Santa Cruzan Justin Reyes.

The new store features indoor and outdoor seating; tasting events; bike parking; local and organic food and offerings, including farm-fresh produce; an extensive deli with made-to-order pizza, sandwiches, wok and ramen; responsibly sourced meat and seafood; local bulk and wellness products; an organic juice and coffee bar; and fresh sushi.

161 Aptos Village Way      8 am – 9 pm Daily

### ***Sockshop and Shoe Company***

The Sockshop and Shoe Company quietly opened its doors in Aptos Village on May 15. This is the sister shop to their store on Pacific Avenue in downtown Santa Cruz where they've been for over 31 years. They carry a wide selection of shoes and socks for men and women along with leather bags and accessories.

The owners have lived in Aptos for 29 years, and have been waiting for a real downtown in Aptos since talk of the possibility began twelve years ago.

In the spirit of bringing more fun and reasons to enjoy the Village, Sockshop has subdivided part of its space to a local winery—Sante Arcangeli Family Wines, which will be available later this year in their tasting room that is connected through a barn door. Sockshop co-founder Ellen Gil calls it "The Perfect Pairing: Wine and Shoes!"

154 Aptos Village Way      10 am to 7 pm daily

### **Public Safety Center**

The Aptos Public Safety Center held its grand opening on May 20. The facility is the first multi-agency public safety center in the County and includes a relocation of the Santa Cruz County Sheriff's Office substation, formerly located in the Rancho Del Mar shopping center, as well as offices for the Santa Cruz County District Attorney, Santa Cruz County Probation Department and County Supervisor Zach Friend.

171 Aptos Village Way, Suite T1  
(corner of Trout Gulch and Aptos Village Way)

**Aptos Village Progress** - Keep up with what's happening by going to: [TheAptosVillage.com](http://TheAptosVillage.com)

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## **Restaurant Review**

### **Jack O'Neil Restaurant and Lounge: Dinner with a Waterfront View**

*by Lorraine Margon*

Bruce and I recently had dinner at the newly-remodeled Jack O'Neill Restaurant and Lounge, which is the restaurant in The Dream Inn. It was formerly called Aquarius Restaurant before the makeover, which was completed in mid-February.

The new name reflects the role that Jack O'Neill has played in our surf community; namely, that his company, O'Neill, developed the first neoprene wetsuit. Today O'Neill also encompasses an entire clothing line for men and women as well.

We were there on a Monday evening. It was exceptionally busy. Yet, despite the fairly full house and some additional noise from the lounge, we had no trouble conversing.

We were seated facing the windows, with a view of Cowell Beach. We were promptly offered water and a bread basket.

The view was beautiful. We saw the Chardonnay sail in and turn around, and there were plenty of surfers out there hanging ten.



Our server, Brittani, told us about the specials and the soup du jour, and overall was a delightful young woman who was both attentive and friendly. In fact, we found the staff to be much friendlier, while still being professional, than had been our experience in the past.

The menu is on the smaller side, so I would urge you to check it out online before you venture here. We did notice that another couple ordered a dish from the bar menu, so you should feel free to ask to see that menu as well.

We found several dishes that we enjoyed and share. We ordered from the *Soups and Shares* portion of the menu, getting the *Mavericks Meatballs*, *Tsunami Prawns* and *Seacliff Sprouts*.

The meatballs dish was a trio of lamb and ricotta meatballs, with a roasted tomato marinara sauce, Grana Padano cheese, and micro basil. It was very good.

The Brussels sprouts—pan-fried sprouts, pickled onions, garlic, preserved lemons, and balsamic glaze—were tasty but could have been cooked longer as they were just a bit crunchier than they should have been.

To my mind, the prawns were the star of the main meal. The dish included three large prawns, polenta, and a spicy sauce. The sauce added a nice flavor to the polenta, which turned this selection into a stand-out dish, and I'll definitely be going back for it again.

Bruce ordered a cup of their regular soup—their clam and corn chowder—which was quite good (I sampled it and will get my own cup next time). They also offer a daily "special" soup. This night, it was lentil soup.

The bread was excellent and included a soft dark roll and a larger seeded whole grain roll. It was accompanied by a garlic butter spread and a large pat of butter with Himalayan salt sprinkled atop. We were offered a second basket; and although very tempted, we refused so we could save room for dessert.

We ordered two cappuccinos which were plenty hot and good. And, for dessert, we opted for the *Jack's molten*, a dark chocolate cake, flowing with warm sea salt caramel and topped with Marianne's vanilla bean ice cream. It was so good that I almost didn't want to drink my cappuccino because I wanted the wonderful taste of this decadent dessert to linger on my taste buds.

<b>Breakfast</b>	<b>Brunch</b>	<b>Happy Hour</b>
7-11 am	11 am - 2 pm	3:30-5:30 pm

<b>Dinner</b>	<b>Reservations</b>
Sun-Thurs 5:30 - 9:30 pm	831-740-8138
Fri-Sat 5:30 - 10:30 pm	OpenTable.com

Complimentary self or valet parking with restaurant validation. Free wi-fi with no password required.

175 West Cliff Drive, Santa Cruz  
[www.jackoneillrestaurant.com](http://www.jackoneillrestaurant.com)

## THINGS TO DO THIS MONTH



### Kraw Lecture with Anthony Aguirre: *Where did it all come from, and where is it all going?*

**June 18, 6–8 pm Free admission**

**UC Santa Cruz Silicon Valley campus**  
 3175 Bowers Avenue, Santa Clara

The physical universe, Anthony Aguirre argues, is made of matter and of order. Attend the talk as Professor Aguirre traces the 13.8-billion-year

history told by modern cosmology as it has developed into ever more sophisticated order and structure.

Register at: <https://bit.ly/2HYeaPs>

## 25<sup>th</sup> Annual Woodies on the Wharf

**Saturday, June 22 --- 11:00 am to 3:30 pm**

**Santa Cruz Municipal Wharf**



**More than 200 Woodies will be on display.**

**Free admission.**



**11 am-3 pm:** Play, create, and explore with our fair of organizations! Enjoy free admission to the Museum. Explore Museum collections and talk rocks with our "Geology Gents."

**11:00-11:15 am:** Sea Otter Savvy presentation

**11:30 am-12:30 pm:** Banana Slug String Band

**1-2 pm:** Live bird presentation with Sky Patrol

**2-3 pm:** Live animal presentation with Wildlife Education Rehabilitation Center



## SF MoMA Exhibit

The San Francisco Museum of Modern Art hosts the West Coast premiere of the first Andy Warhol retrospective in the US since 1989.



**Andy Warhol**  
**From A to B and Back Again**  
*Featuring more than 300 paintings,  
 photos, films and other works*  
**May 19 to September 2**

To all of you wonderful men. . .



**"A father carries pictures where his money  
 used to be." -- Steve Martin**

## UPCOMING EVENTS

### 4<sup>th</sup> of July Activities

**Wednesday, July 3<sup>rd</sup>**

Watsonville Municipal Airport

Open House and Fireworks on the tarmac  
 6:30 pm; fireworks begin after dark



**Thursday, July 4<sup>th</sup>**

Aptos Celebration

Aptos Village -100 Aptos Creek Road

7:30 am Pancake Breakfast

10:00 am "World's Shortest Parade"

11:00 am Party in the Park

Sand Dollar Beach Association Party

2-6 pm; see attached flyer



**Saturday, July 6**

Canon del Sol Get-together

3 pm in the CDS Clubhouse

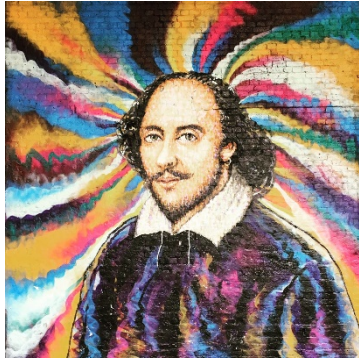


## Santa Cruz Shakespeare Summer Festival

Performances  
July 9  
through  
September 1

Audrey Stanley  
Grove  
DeLaveaga Park  
Santa Cruz

Tickets are now  
on sale!



[www.santacruzshakespeare.org](http://www.santacruzshakespeare.org)

## La Selva Beach Library



Sun/ Mon Closed  
Tue /Wed 10 am - 7 pm  
Thurs 10 am - 6 pm  
Fri/ Sat 12 pm - 5 pm

**"Glimpses of World History" with Bob Strayer**

**Saturday, June 15 at 1 pm**

***"The Rise of World Religions:  
Origins, Spread and Adaptation"***

**4<sup>th</sup> Friday Movie Matinee  
June 28 at 10 am**

**The Mustang (2019)**

**Rated R · Drama · 1h 36m**

A violent convict is given the chance to participate in a rehabilitation therapy program centered around the training of wild mustangs. There he finds his own humanity in gentling an especially unbreakable mustang.



## A Day Out with Thomas the Tank Engine

**Roading Camp  
Railroad in Felton  
August 1- 4  
9 am – 5 pm  
[Roadingcamp.com](http://Roadingcamp.com)**

**Great for the kiddos!**

## Santa Cruz Municipal Wharf Experience; it's free!

**August 24 from 12 noon to 3 pm**

Learn about Monterey Bay from a vantage point of a half-mile out to sea. Seymour Center volunteers are available to answer your marine science questions. Look for the people wearing khaki pants and navy Seymour Center shirts.



The summer solstice is an annual astronomical phenomenon that brings the longest day of the year in the Northern Hemisphere (as well as the shortest night). At this time, Earth is positioned in its orbit so that the North Pole is leaning

most toward the Sun. As seen from Earth at exactly noon, the Sun is directly overhead to a viewer located 23.5 degrees north of the equator, at an imaginary line encircling the globe known as the Tropic of Cancer. This is as far north as the Sun ever gets. All locations north of the equator then have days longer than 12 hours.

The 2019 summer solstice will occur on:

**Friday, June 21, 2019 at 8:54 am PDT**  
**Sunrise: 5:47 am    Sunset 8:29 pm**  
**Day length 14:41:42**

## Health Matters

### An Answer to Why It's So Difficult for Some People to Lose Weight

Two new studies published in late-April confirm that weight control is sometimes the result of DNA, not willpower. People with mutations of the gene MC4R tend to be obese.

Normally when people eat a meal, MC4R is switched on and sends a signal telling people they are full. Then the gene turns itself off. However, some people carry a rare mutation in MC4R that prevents the gene from working. They never get the signal that they are full.



<https://www.mc4r.org.uk>

### Seasonal Rainfall (Oct. 1-Sept. 30) For La Selva Beach



Season to date: 35.10"  
Last yr. to date: 17.99"  
Last yr. total: 17.99"

### Editor's Note

There will not be a July issue due to my summer plans. The next issue will be in August after the Board meets.

– Lorraine Margon

## Seascape Village: New Coffee Shop

It seems that what used to be "Full of Beans," and then "Ground Control," in the Seascape Village shopping center has a new owner and new name. The following was posted by an Aptos resident on the "Nextdoor" social media site for neighbors:

"I just learned of a new business called South Point Seascape, that opened where Full of Beans used to be (next door to Village Host Pizza). In August they will have a grand opening of the tap room...they are currently operating as a coffee bar and are serving yummy pastries from local bakeries. Go in and say hi to the owner, Teresa!"



## WANTED!

### Residents' News

We'd love to include any news you'd be willing to share. Things like. . .

- Introductions of you and your family
- Birth of a child or grandchild
- Photo of your pet (old or new)
- Wedding or milestone anniversary
- Travel
- Award you won
- Recipe to share
- An activity group you'd like to start

Please send your contributions to:

**LorraineMargon@gmail.com**  
**831-345-2394**

## **Helpful Information**

### **Cañon del Sol Community Website**

www.canondelsol.com  
username: cds | password: surfandsun

### **CDS Board of Directors**

President	Henry Bose
Vice President	Mary Ann Herlihy
Treasurer	Bob Carpenter
Secretary	Jesse Fielding
Director	Bruce Margon

### **CDS Property Management Company**

Anderson & Company, Inc.  
783 Rio Del Mar Blvd., Suite 59  
Aptos, CA 95003  
831.688.1090 | general@acomgt.com

### **CDS Resident Manager**

Scott Thomas  
831.722.4048  
scott.thomas06@comcast.net

### **CDS Clubhouse**

400 Abalone Drive  
La Selva Beach, CA 95076

### **First Alarm Security - Patrol Division**

831.684.1111

### **Police/Sheriff – Non-emergency**

831.471.1121



## **SAND DOLLAR BEACH 2019 4<sup>TH</sup> OF JULY PARTY**

We're excited to announce our 2019 4<sup>th</sup> of July Party! The party will held in front of 807 The Shoreline, La Selva Beach CA 95076 and will be held from 2:00 pm – 6:00 pm. Alcohol will not be provided, please bring your own beer or wine. Please bring a side dish or dessert to share with the party as well. We will have complimentary non-alcoholic beverages to choose from along with hamburgers and hotdogs.

Everyone is welcome and we're all here for a good time!

Tips for the band would be greatly appreciated!

\$10.00 per person for food and beverages, please plan to pay when you arrive!

**LIVE MUSIC BY  
"BLOCK PARTY"  
2PM-6PM!**

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**FREE HAMBURGERS,  
HOTDOGS &  
REFRESHING  
BEVERAGES**

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**\$10.00 PER PERSON  
FOR  
FOOD/BEVERAGES**

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**BYOB & SIDEDISHES**

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**LOTS OF FUN!**

### **KING MANAGEMENT**

2425 Porter Street, Suite 15  
Soquel, CA 95073

<https://www.kingmanagement.net/>