



The High Tide

May 2019

A newsletter for residents of Cañon del Sol

Vol. 2, Issue 4

President's Message

The Board met earlier this month. This meeting was attended by a number of homeowners who made comments as the Board proceeded through its agenda as well as during the open session at the end of the meeting. Homeowners do not attend our meetings that often, and we appreciate when they do. Going forward, we encourage more homeowner participation at our meetings.

Looking to the future, I was reminded last week that Sand Dollar Beach HOA again will be holding its annual 4th of July party on the street through the gate and down by the beach condos. CDS homeowners are invited to attend. Sand Dollar Beach HOA has been a good partner in the median project and most cooperative in considering other matters of possible joint interest.

Our Covenants, Conditions, and Restrictions (CC&Rs) provide that all "Common Area parking spaces shall remain permanently available for guest parking." In response to complaints from a number of homeowners, the Board, at its last meeting, determined to enforce these provisions and homeowners are requested to comply.

Other matters discussed included seal coating our streets, repair of the parking areas, repair of the picket fence along Sand Dollar Drive, parking passes, clubhouse access, clubhouse improvement and use, and an emergency response plan. No action was taken with respect to these other matters.

Finally, I met again with State Parks to discuss restoration of the Manresa Uplands beach stairs. As they have in the past, the local State Parks' District assured me that restoration is in their plans (third on the priority list of the local representatives) with available funds being the limiting factor. The projected cost for the stair restoration exceeds \$300,000. The storm damage at lower Manresa and

the damage to the parking area at New Brighton Beach are also on the list.

Henry Bose



Save the Date!

for our annual get-together

Saturday, July 6

3-6 pm

CDS Clubhouse

***BYOB: Plan to bring your own
beverage of choice and a dish to share.***



In This Issue

President's Message	1
Save the Date	1
Pool Hours and Rules.....	2
Residents' News	2
Recent CDS Activities.....	3
CDS Activities to Ponder	4
Things to Do This Month.....	4
Medical Tidbits	5
Upcoming Events.....	6
Dog-friendly restaurants	6
Library	6
Drop-in Grief Support.....	7
Helpful Information.....	7
Send Us Your News	8



We hope that all of you
lovely mothers enjoyed
your special day!

Life doesn't
come with
a manual.
It comes with
a mother.

Swimming Pool & Spa

Pool/Spa Hours: 9 am – 10 pm

**Please follow all of the rules stated
on the pool area signage.**



Residents' News

Milestone Wedding Anniversary for Marilyn and Chuck Hansen (473 Arca Drive)



Marilyn and Chuck will celebrate 60 years of wedded bliss on May 16. They were married in Palo Alto in 1959. They settled into life in Palo Alto and continue to live in the house they bought in 1961.

Together they owned and operated the California Avenue Pharmacy in Palo Alto for 37 years. They retired in 1997 to take care of their grandson.

The Hansens have two children, Diane Yu and John Hansen; and two grandsons, Douglas and Andrew.



This happy couple loves to spend their weekends at their Canon del Sol home relaxing in the sun and ocean air! Not wanting to have a big celebration, they have chosen to have the family join them at the beach and have dinner at one of their favorite spots in Aptos.

Congratulations, Marilyn and Chuck!

Recent CDS Activities

Several of us enjoyed had a wonderful afternoon and paint class on Saturday, May 4, in the Clubhouse. The class was led by artist/instructor Cindy Kaskey who walked us through each step. Some attendees were skeptical of their success throughout the class but then were pleasantly surprised at the lovely result of their artistic endeavors.

We had thirteen attendees, which included three men (in case any of you guys might consider coming to a future one of these, you likely will not be the lone male). Our many thanks go to Gloria Johnson who organized this fun event for us.



Instructor Cindy Kaskey



Right to left: Colin Tierney, Gloria Johnson, Pat Dorr and Scott Thomas.



Left to right: Winnie Mulé, Denise (Marilyn's daughter), Marilyn Nussbaum and instructor Cindy Kaskey.



Gloria Johnson puts the finishing touches on her painting.



Some of the finished masterpieces.

CDS Activities to Ponder

There has been talk about trying to organize a variety of activities within our community. Some of the ideas that have come up include: regularly-scheduled ping pong games, regularly-scheduled pickleball games, movie nights, trivia contest nights, First Friday socials with appetizers and/or soup, and speaker presentations.

If you are interested in any of these, I'd love to hear from you in order to gauge residents' interests. And, if you have an idea you'd like to put into this mix, let me know that as well. Give me your feedback at:

Lorraine Margon.....LorraineMargon@gmail.com
831-345-2394 (cell)

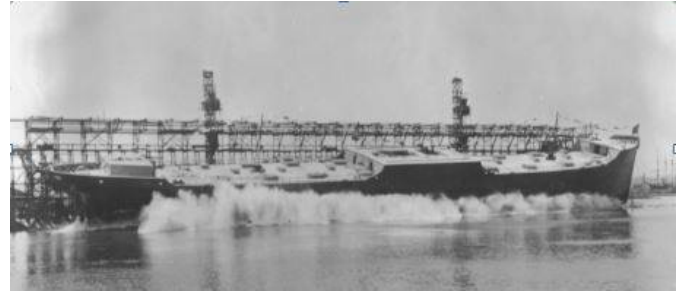
Things To Do This Month



May 18-19: The Goat Hill Fair has 80+ dealers at the Santa Cruz Fairgrounds. Things you'll find include vintage treasures, antiques, clever up-cycled junk and artisan food.



The Centennial of the Cement Ship's Launch



Learn about the building of the S.S. Palo Alto and how it came to Seacliff Beach with presentations by Kevin Newhouse and Bob Wall.

A Benefit for the Aptos History Museum

When: Saturday, May 18 --- 2:00pm to 3:30 pm

Where: Rio Sands Hotel Community Room
116 Aptos Beach Drive

Cost: \$25 general, \$20 museum members, Friends of Santa Cruz State Parks and students

Reservations required: 831-688-1467

The Aptos/La Selva Firefighters Annual Pancake Breakfast

Sunday, May 19 – 7:30 to 11:30 am
La Selva Beach Clubhouse /314 Estrella Ave.



Enjoy pancakes, eggs, bacon, and all the fixings served up by Aptos/La Selva's finest!

Tickets are \$10; kids 5 and under are free.

Donations at the breakfast benefit Jacobs Heart, the American Cancer Society and the Burn Foundation.

Editor's note: Bruce and I have been to these, and the food was outstanding.

SF MoMA Exhibit

The San Francisco Museum of Modern Art hosts the West Coast premiere of the first Andy Warhol retrospective in the US since 1989.



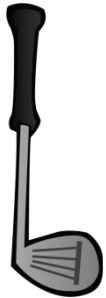
Andy Warhol—From A to B and Back Again

Featuring more than 300 paintings, photos, films and other works

May 19 to September 2

30th Annual Aptos Golf Scramble

Seascape Golf Club | Wed, May 22 | 1-7 pm



The day includes entertainment on the course, networking with other business professionals in the area, lunch, snacks, drinks, prizes, and ends with an award ceremony dinner.

<http://aptoschamber.com/event/29th-annual-golf-tournament/>

Medical Tidbit

Eat Your Wheaties!



A new study published in the Journal of the American College of Cardiology found that skipping breakfast may increase your risk for cardiovascular disease, and this is particularly strong for stroke. They followed 6,550 adults ages 65 to 70 for an average of 17 years to draw their conclusions.

Medical Tidbit



If You Use Medical Cannabis, Use It Wisely

People with a variety of ailments are turning to medical cannabis for relief. In one survey, half of all cannabis users in Santa Cruz were age 40+. Seniors are using cannabis to help with arthritis, insomnia and many other chronic conditions, and they're doing so with fewer side effects, lower costs and fewer doctor visits when compared to western medicines.

Cannabis can be a strong medicine, so knowing how to use it correctly is important. Check out the California Department of Public Health's website on this and speak with the shop staff at length when making your purchases.

<https://www.cdph.ca.gov/Programs/DO/letstalkcannabis/Pages/responsibleuse.aspx>

The 35th Annual Longboard Invitational

"The best long-board contest in the US."



**May 25-26
8 am**

**Steamer Lane on
West Cliff Drive**

Longboarders from across the state take over Steamer Lane each Memorial Day weekend, as nearly 200 contestants compete in the longest-running longboard surf contest on the West Coast!



Upcoming Events



**June 1 & 2, 2019
at Roaring Camp**

Live Music
Local Food & Drink
Arts & Crafts Fair
Benefits Local Organizations

Ticket prices:

\$25/ day; 2-day pass \$50
\$20/ day teens 13-17;
2-day pass \$25
\$20/ day seniors 65+;
2-day pass \$25
Kids 12 and under free
w/parent or guardian

*Note: Tickets will cost more
at the door.*

Parking: \$10 CASH
(or pre-pay online)

Buy tickets and more info at:
redwoodmountainfaire.com



25th Annual Woodies on the Wharf

Saturday, June 22 --- 11:00 am to 3:30 pm

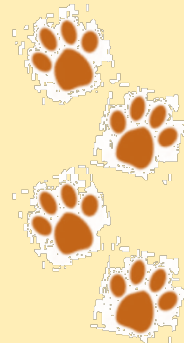
Santa Cruz Municipal Wharf



More than 200 Woodies will be on display. Free admission.

Looking for dog-friendly restaurants—try these:

Aldo's (Santa Cruz Harbor)
Bittersweet Bistro (Aptos)
Café Limelight (Santacruz/downtown)
Café Rio (Aptos)
Carpo's (Soquel)
Gayles Bakery (Capitola)
Harbor Café (Santa Cruz /7th Ave)
Margaritaville (Capitola/Esplanade)
Michael's on Main (Soquel)
Seabright Brewery
(Santa Cruz/Seabright)
Sotola Bar & Grill (Capitola)
The Cadillac Café (Freedom)
The Crepe Place (Santa Cruz/Seabright)
Walnut Avenue Café (Santa Cruz/downtown)



La Selva Beach Library



Sun & Mon Closed
Tue & Wed 10 am - 7 pm
Thurs 10 am - 6 pm
Fri & Sat 12 pm - 5 pm

"Glimpses of World History" with Bob Strayer
This is a series of illustrated talks with various themes, topics and periods of time in World History.

Held on the 3rd Saturday of each month.

Saturday, May 18 ----- 1:00 - 2:30 pm

***"The Breakthrough to Agriculture:
Catastrophe or Progress?"***

4th Friday Movie Matinee – May 24 at 10 am

Cold War (2018)

Rated R · Drama/Melodrama · 1h 28m

Cold War is a passionate love story between a man and a woman who meet in the ruins of post-war Poland. It is set against the background of the Cold War in 1950s Poland, Berlin, Yugoslavia and Paris.

Drop-In Grief Support

You may not know that Hospice of Santa Cruz County offers drop-in grief support groups for adults.

These sessions are free and provide you with an opportunity to share feelings and learn from others who are grieving the loss of a loved one. No registration is required, making it easy to attend whenever you may need support.

Drop-in groups meet every Friday from 12 noon - 1 pm (excluding holidays) in two convenient locations:

940 Disc Drive in Scotts Valley
or
65 Nielson Steet, Suite 121
In Watsonville



Helpful Information

Cañon del Sol Community Website

www.canondelsol.com

username: cds | password: surfandsun

CDS Board of Directors

President	Henry Bose
Vice President	Mary Ann Herlihy
Treasurer	Bob Carpenter
Secretary	Jesse Fielding
Director	Bruce Margon

CDS Property Management Company

Anderson & Company, Inc.

783 Rio Del Mar Blvd., Suite 59

Aptos, CA 95003

831.688.1090 | general@acomgt.com

CDS Resident Manager

Scott Thomas

831.722.4048

scott.thomas06@comcast.net

CDS Clubhouse

400 Abalone Drive

La Selva Beach, CA 95076

First Alarm Security - Patrol Division

831.684.1111

Police/Sheriff – Non-emergency

831.471.1121

WANTED:

Residents' News

You know that I'd love to include any news you'd be willing to share. Things like. . .

- Introductions of you and your family
- Birth of a child or grandchild
- Photo of your pet (old or new)
- Wedding
- Travel
- Milestone anniversary
- Award you won
- Recipe to share
- Tell us about an activity group you'd like to start

Please send your contributions to:

LorraineMargon@gmail.com

831-345-2394