

plan for 2020, as required. Copies of these plans will be mailed to members later this month.

(4) Based on a determination that a rule or policy restricting short-term rentals would be in the best interest of the development, the Board drafted proposed guidelines and circulated them to members for informal comment. Comments were received from approximately 35 of our 97 members, some in favor of the limitation and some against it, with more on the against side. Such a rule or policy has been and is under consideration by many homeowner associations in the interest of neighborhood quiet enjoyment and the avoidance of "party house" atmospheres, given changing demographics. The issue has become particularly critical given the widespread availability of rental services such as Airbnb. The Board still believes such a policy or rule is in our best interest, and is therefore desirous of more systematic and complete input from members than that obtained by the previous request for informal comments, which had a poor response rate. Accordingly, we will circulate a questionnaire or survey request to members before the end of the year, and will attempt to ensure that the majority of members express an opinion on this important issue. Your response will be appreciated.

(5) The Board believes that the existence of the stairs to the beach from our neighboring California State Park is a significant convenience to our residents, and also has a direct effect on property values in Canon del Sol. Thus, restoration of the stairs will have a positive effect on such values. To avoid expenditure of Association funds in pursuit of a stair restoration project, an unincorporated association called Save Our Stairs has been formed by a group of interested owners. Save Our Stairs will retain an individual experienced in governmental affairs and funding to ad-

vance this project with California State Parks, the entity responsible for the maintenance of the stairs. No Association funds will be involved in this effort. While some of the founders of Save Our Stairs are members of the Board of Directors of the Canon del Sol HOA, they have joined as individuals and not members of the Board. A GoFundMe website has been established to raise the required resources; the link is:

[gf.me/u/wkv588](https://www.gofundme.com/u/wkv588)

(6) The pool heater will be shut off after Thanksgiving weekend. Clubhouse improvements continue, and painting is now complete. Replacement of the carpet with new flooring is scheduled to be completed before Thanksgiving. Except for completion of a few items on a punch list, the work on the roads is also now complete. Thank you for your cooperation during the complex roadwork project.

I wish each of you a Happy Thanksgiving.

Henry Bose

Health and Wellness

Timing Your Blood Pressure Pills

Blood pressure meds may work better if taken at night according to a study recently published in The European Heart Journal. Those taking their meds in the evening were 43 percent less likely to have any kind of cardiovascular event.

Good news for dog owners. . . a new study reports that people who own a pup live longer!



Continued on page 7



CALENDAR

EVENTS THIS MONTH

November 15-17 and November 21-24

Thursday/Friday/Saturday at 7:30 pm

Sunday matinees at 3 pm

The Frankenstein Project

UCSC's Main Stage Theatre; \$0-\$18 + \$5 parking

Haunted by the premature passing of her mother, Ph.D. candidate Mary Frankenstein embarks on a quest to conquer death. This media-rich riff on the Frankenstein legend shines a harsh light on nature vs. nurture and our ethical responsibilities to what we create.

Saturday, November 16; 11 am- 4 pm

La Selva Beach Holiday Fair at LSB Clubhouse

Over 60 unique art & craft vendors, bake sale, raffle, food trucks. FREE admission.

Sunday, November 17; 11 am - 3 pm

Monthly Open House - FREE

Castro Adobe State Historic Park

See the exhibits and take part in the interpretive programs, including guided tours.

2019 Flatte Lecture in Science:

"How Does an Earth-like Planet Get Made?"

November 18, 7-8:30 pm

UCSC Merrill Cultural Center, FREE

Planetary scientist Lindy Elkins-Tanton discusses how Earth was made, and why it's different from

Venus and Mars. With new data from missions including Lindy's own exciting Psyche mission, more of these questions are being answered.

Saturday, November 23, 2019; 10-4 pm

Gift & Wreath Sale at UCSC Arboretum

Local artists and Arboretum volunteers produce one-of-kind living succulent wreaths and dried floral wreaths, succulent-topped pumpkins, floral centerpieces and other artwork for the sale.

UPCOMING EVENTS

Saturday, December 7; 10 am - 4 pm

Norrie's Gift & Garden Shop @ UCSC Arboretum Holiday Open House

A collection of holiday gifts, plants, and handmade treasures you won't find anywhere else! Includes a stunning array of handmade candles, jewelry, succulents dish gardens & more. Light refreshments.



The Most Highly Educated States in the U.S.

According to the Census Bureau's American Community Survey, California ranks 25th in the percentage of people holding advanced degrees. The states making the top 10 are:

- | | |
|------------------|------------------|
| 1. Massachusetts | 6. Virginia |
| 2. Maryland | 7. New Hampshire |
| 3. Vermont | 8. Minnesota |
| 4. Connecticut | 9. Utah |
| 5. Colorado | 10. Washington |

OPINION

As your editor, I occasionally take the opportunity to write an opinion piece. These articles contain my opinions solely and in no way reflect opinions of our HOA Board of Directors.

Is Fire the New Normal?

The fires that have been raging to the north and south of us certainly give us reason for concern. The recent PG&E outages give us pause. We here at Canon del Sol have been spared from these outages while many of our neighbors, friends and relatives have not been so lucky. Just before the first outage, my husband went looking for dry ice, just in case, but every store he tried was out. My granddaughter's school had at least two days without power, but they held classes anyway using sunlight and battery-powered lanterns. My son lost power in Scotts Valley, so he filled a large cooler with ice and emptied his refrigerator contents into it. He often works from home but had to come to our place to work on two occasions. We can find work-arounds in most cases, but is that a good lifestyle choice?

During this time, I was turning on The Weather Channel to get updates on the fires. And, I got up in the morning to see where the power outages were as if I was checking the weather. Some say this is the new normal, and we need to get used to it. PG&E says it will take ten years to get the power lines in shape such that they may not need to schedule power outages. A climate expert at Stanford University says that using generators will become the norm.

I know at least one resident has a generator here. It was purchased for use in anticipation of a future earthquake power outage. Reading the neighbor-to-neighbor social media site Nextdoor, I've learned a lot about the kind of generators one might use. Some use your typical gasoline-powered ones. Others have ones connected to natural gas or propane. Some are stand-alone models that run a few power cords to a refrigerator, television and lamp. Others are connected to the circuit breaker



WANTED

Residents' News

I'd love to include any news you'd be willing to share. Things like. . .

- Introductions of you and your family
- Birth of a child or grandchild
- Photo of family member(s) doing something cute, charming or noteworthy
- Photo of your pet (old or new)
- Wedding or milestone anniversary
- Travel
- Award you won
- Recipe to share
- An activity group you'd like to start

Please send your contributions to:

Lorraine Margon
LorraineMargon@gmail.com
831-345-2394

box and will switch on automatically when the power goes off. Another thought is solar power stored in batteries. In light of the California outages, Elon Musk is offering \$1,000 discount on his system of glass roof tiles and battery storage, and he's giving California a higher priority over other states.

Why doesn't PG&E just bury its power lines underground? The answer comes down to cost. It costs over \$1 million per mile to install underground distribution lines. In cities like San Jose, that cost rises to about \$4.5 million. In contrast, it costs about \$500,000 to install overhead lines per mile. PG&E is planning to install underground lines in the town of Paradise over a five-year period. Paradise's power lines and the entire town was destroyed in 2018 by the Camp Fire, the cause of which is attributed to faulty PG&E equipment. And, perhaps, as fires take down power lines, underground installations will take place. But, that's not how it should happen. We should have more security in our electrical system. The 2010 San Bruno gas explosion seemed like more of an anomaly, but instead it may have been a portent.

wheel rim scraping pavement), and the Mendocino Complex fire (hammering a metal stake into a wasp's nest). And now, investigators recently confirmed that PG&E's equipment sparked two fires in Lafayette late last month.

Despite all of the warnings and precautions, it seems that human error always finds a way. Even five years ago, who could have predicted that California would look like this.

Send your comments or thoughts to me at: LorraineMargon@gmail.com. I'll publish your responses in the next edition of *The High Tide*.



Last year, humans were to blame for more than 96 percent of California's 8,054 wildfires, according to the National Interagency Fire Center, whether the first embers came from abandoned fire pits, discarded cigarettes or equipment malfunctions. Some major fires whose names have entered the record books in 2018 were tied directly to actions by people, including the Klamathon fire (reckless burning of debris), the Carr fire (a

Residents' News

Bruce and Lorraine Margon (329 Canon del Sol) took their 6-year-old granddaughter, Evelyn (or Evie for short), trick-or-treating at the Santa Cruz Harbor on October 26. This is their little Pikachu just after her face-painting session, which was done by a wonderful artist who donated her time to the kids who waited patiently in line for their face art and candy treat.



APTOS LIBRARY

**NOTE: THE LA SELVA
BEACH LIBRARY IS
CLOSED FOR RENOVATIONS
UNTIL JUNE
2020.**

*A Bookmobile will stop
in La Selva Beach every
other Wednesday from
1:30 to 2:30 pm on Playa
Boulevard, just past
Florida Avenue.*

*While the LSB library is
closed for remodeling,
patrons can request
books to be delivered to
"Outreach," and your
book(s) will be delivered
on the Bookmobile.*



**4th Friday Movie
November 22
10 am**

**La Selva Beach
Community Church**

MOVIE

**The Peanut
Butter Falcon**
Drama/Comedy
2019

1h 37m | PG-13

About the movie: A modern
Mark Twain style adventure

story, THE PEANUT BUTTER FALCON tells the story of Zak (Zack Gottsagen), a young man with Down syndrome, who runs away from a residential nursing home to follow his dream of attending the professional wrestling school. He befriends an outlaw who becomes his coach and ally.

**Feel free to bring a
snack or your lunch to
the movie!**

APTOS HOURS

Sunday Closed
Mon-Thurs 10 am - 8 pm
Friday-Sat 10 am - 5pm

NEXT BOOKMOBILE DAYS

Nov. 13 & 27 + Dec. 11 (no Bookmobile on Dec. 25)

Blood Pressure from page 2

The study also found that taking BP pills at bedtime improved kidney function and lower cholesterol levels. The study controlled for age, sex and other factors. If you take your BP medication in the morning, ask your doctor about switching to nighttime.

Helpful Information

Cañon del Sol Community Website

www.canondelsol.com
username: cds | password: surfandsun

CDS Board of Directors

President	Henry Bose
Vice President	Mary Ann
Treasurer	Bob Carpenter
Secretary	Jesse Fielding
Director	Bruce Margon

CDS Property Management Company

Anderson & Company, Inc.
783 Rio Del Mar Blvd., Suite 59, Aptos, CA 95003
831.688.1090 | general@acomgt.com

CDS Resident Manager

Scott Thomas
831.722.4048 | scott.thomas06@comcast.net

CDS Clubhouse

400 Abalone Drive
La Selva Beach, CA 95076

First Alarm Security - Patrol Division

831.684.1111

Police/Sheriff – Non-emergency

831.471.1121