



The High Tide

May 2021

A Newsletter for Residents of Cañon del Sol

Volume 4, Issue 5

PRESIDENT'S MESSAGE

The board held its May meeting via Zoom, and started with the election of the new officers. There were three open board positions, and the three members currently in those positions are willing to serve an additional term. The board will remain the same until the next election cycle in April 2022. The officer names and positions can be found on the last page of the newsletter. Please consider getting involved with the board as we have many tasks that could use a fresh perspective, including: landscape and maintenance, social event planning, and emergency response. Feel free to email me with any questions about opportunities.

INSIDE THIS EDITION

- 1 - *President's Message*
- 2 - *Parking / Pool and Spa*
- 2 - *Wild Turkeys*
- 2 - *Pet Pics WANTED!*
- 3 - *Food / Rain*
- 3 - *Events: Film and Flower*
- 4 - *Food (cont'd.)*
- 5 - *Library / TV and Movies*
- 6 - *Helpful Information*

We have begun the tree trimming and maintenance process. We are working with Lewis Tree Service on a multi-year plan that has identified and prioritized our tree trimming needs. Work began the week on May 17 and will continue over the next few months throughout our property. If you have any specific tree concerns, please let us know.

The revised CDC guidelines on outdoor activity should allow us to revise the pool/spa use process. We are working to understand the relevant county guidelines, and any changes determined will be posted on the pool building by the entrance gate. Also, we will be adding an outdoor security camera to help monitor pool and spa activity.

Anderson & Company has distributed the "REQUEST FOR ANNUAL NOTICE OF ADDRESS, REPRESENTATIVE AND RENTAL STATUS." This is a document that is required by law to be updated annually by owners. Please feel free to contact Anderson & Company at general@acomgt.com with any questions.

Thanks,

Bob

bob@cabrenee.com

408-368-6895



A great-horned "parent" owl with two owlets in its nest in the Manresa Uplands Campgrounds; photo credit: Lorraine Margon



Karen McCarty (436 Oyster Drive) captured these wild turkeys on and in front of the CDS Clubhouse. Uhh... they seem rather anxious for us to reopen this building!

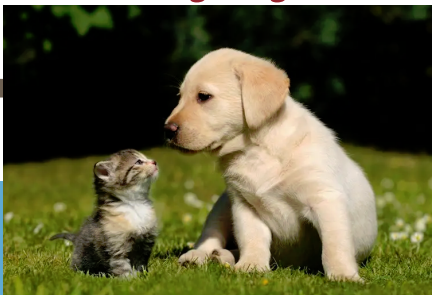
WANTED: Pet Pics

Please send me pictures of your furry companions! Photos that include you are also most welcome.

Residents without pets would like to get to know those of you *with* pets. Including your pics in this newsletter is one way we can try to make your acquaintance while walking about.

Please include your pet's name, age & breed along with owner name(s) and address. I will try to get out with my camera to take your pet's picture, if you will allow me.

Send pics/info to:
LorraineMargon@gmail.com



PARKING

Please use the designated parking spaces for your guests and contractors. Parking on our streets is prohibited. Recently, we've had several emergency vehicles in our community, and it's important keep our streets clear.

POOL AND SPA **9 AM - 10 PM**

The pool and spa are open following current COVID restrictions. A brief summary of the rules and guidelines at the time that this newsletter went to print is below:

- ❑ Use of the pool and spa are by reservation, using the sign-up sheets.
- ❑ Reserved use is for owners, renters and their invited guests who are currently within the same social distancing "bubble."
- ❑ Reservations for the pool are in one-hour increments, limited to 12 people.
- ❑ Use of the spa is in half-hour increments, limited to 6 people.
- ❑ PLEASE cancel any reservation that you do not plan to use so others may enjoy these facilities.
- ❑ Use the spray sanitizer that is provided to any surfaces you use (pool handrails, furniture and restroom surfaces) before you leave the facilities.
- ❑ Please adhere to all posted rules within the pool area.

FOOD

When does your food go bad or expire?

We can usually find a "sell by," "buy by" or "expiration date" on the foods we buy. Do any of these food items last beyond those dates?

Sell By Dates:

"Sell by" typically indicates that the item will be good for about seven days beyond the sell by date.



Best By and Use By Dates:

- ▶ Fruits are good unless they have mold.
- ▶ Salad greens are good unless they smell bad or look slimy.
- ▶ Canned goods last 18 mos. (acid foods) or five years (everything else) after the date; if the can is rusted at all or if it bulges, throw it away.
- ▶ Eggs that sink to the bottom of a glass of water are still okay. If they float, throw them out.

**20th Annual Bicycle
Film Festival**
May 21-31 online

Tickets and more info:
www.bicyclefilmfestival.com



Foods not to eat past the expiration date include:

- ▶ Fresh fish and chicken. Try to freeze those items if you can't eat them by the expiration date.
- ▶ Soft cheese will get moldy so, adhere to the sell by date.
- ▶ Salami and deli meats are good only 2-3 days after opening.
- ▶ When bread gets mold, throw it out
- ▶ All in all, "When in doubt, throw it out."

Expiration Dates. If you have a product with an expired expiration date, throw it out. While other dating terms are used as a basic guideline, this one is absolute.



Rainfall Totals

As of May 18 at 2 pm

Season to date 15.67"

Last year to date 27.01"

Last year total 27.99"

Season runs from Oct 1 to Sept 30

Source: Santa Cruz Sentinel

FLOWER EVENT

Gerbera-N-Go pre-orders -- order your Gerbera Daisies now through June 15

Crates of 5 plants featuring a mix of colors can be ordered for \$10 each at www.thatsmypark.org/shop

Proceeds benefit the Friends of Santa Cruz State Parks and the Santa Cruz Farm Bureau Agricultural Worker Vaccine Program

Pick up all orders on Saturday, June 19 from 10 am - 2 pm
KB Farms/Kitayama Brothers Farms, 481 San Andreas Road



FOOD (CONT'D.)

DISCOUNTS FOR SENIORS AT GROCERY STORES AND RESTAURANTS

Aptos Natural Foods (aptosnaturalfoods.com)

Age: 65+ 10 percent off every Wed. and Sun.

Deluxe Foods (deluxefoodsofaptos)

Age: 60+ 10 percent off on 1st Tues. of month

New Leaf Community Markets (newleaf.com)

Age: 65+ 10 percent off daily

Staff of Life (staffoflifemarket.com)

Age: 65+

5 percent off daily; 10 percent off every Tuesday, Wednesday, Thursday (excludes meat, seafood, sushi, beer, wine, and sale items)

Applebee's Grill and Bar (applebees.com)

Age: 60+ 10 to 15 percent off daily

Denny's (dennys.com)

Age: 62+ 15 percent off for AARP cardholders

Erik's Deli (eriksdelicafe.com)

Age: 62+ 10 percent off daily

Subway (subway.com)

Age: 60+ 10 percent off daily



RECIPE: SHEET-PAN PIEROGIES WITH BRUSSELS SPROUTS AND KIMCHI

This sheet-pan dinner is a winner, with your oven doing most of the heavy lifting. Roasting pierogies yields a crisp, golden skin with a soft, pillowy interior but, if you don't have pierogies, you could use gnocchi in their place. (No pre-cooking required!) Cooking kimchi at high heat may feel like a surprising move, but it becomes sticky and caramelized, imparting lots of flavor and texture to the final dish. Finally, a dill sour cream adds a fresh richness, but feel free to swap out the sour cream and use a good-quality Greek yogurt, crème fraîche or even buttermilk (it will be runnier, so no need to thin with water). **Serves: 4**

Note: You can make kimchi at home or purchase it at

most grocery stores (look in the produce section near the refrigerated salad dressings, the canned vegetable aisle and/or the international foods aisle).

Ingredients

- 1 pound brussels sprouts, trimmed and halved
- 1 ½ cups cabbage kimchi (see 'Note' above)
- 5 T. extra-virgin olive oil (EVOO), plus more for drizzling
- Kosher salt and black pepper
- 2 (13-oz.) pkgs fresh or frozen cheese or potato pierogies
- ½ small lemon, for serving
- Handful of chopped dill, for serving

For the Dill Sour Cream:

- ¾ C. sour cream
- ¼ C. chopped dill
- 1 T. EVOO
- 1 t. lemon juice
- ½ t. kosher salt



Preparation

1. Set a rack in the lower third of the oven and heat oven to 400 degrees.
2. Add the brussels sprouts and kimchi to a rimmed sheet pan. (A small amount of kimchi juice is fine and adds lots of flavor.) Drizzle with 2 tablespoons oil and season with salt and black pepper, and toss to combine.
3. Place sheet pan in pre-heated oven.
4. Meanwhile, prepare the dill sour cream by whisking together the sour cream, dill, oil, lemon and salt in a small bowl. If the cream is too thick, add a tablespoon of water. (You are looking for the consistency of heavy cream.)
5. After 15 minutes, remove the pan from the oven and add the pierogies. Drizzle everything with the remaining 3 tablespoons oil; and, using a spatula, toss everything together.
6. Return to the oven and roast until the brussels sprouts are tender and the pierogies are puffed and golden, another 20-25 minutes. (Don't flip the pierogies.)
7. Drizzle with olive oil, scatter with dill, and serve with dill sour cream and halved lemon.

Source: Hetty McKinnon; New York Times

LIBRARY INFO



SANTA CRUZ PUBLIC LIBRARIES

<https://www.santacruzpl.org>

UPDATE

While most library branches remain closed, "active browsing" began on May 4 at the La Selva Beach branch.

Restrooms are open.

What is active browsing?

Active Browsing is a phased-in re-opening approach designed to provide access to the libraries' physical collections while limiting the amount of time people spend in the building (to reduce the risk of exposure to Covid-19).

During this phase of reopening:

- Staff will help with questions.
- You may browse shelves.

- You may pick up and check out holds.

A limited number of people will be allowed inside at any one time. Visits are limited to 30 minutes. You may not linger to read or study. Complete details can be found at the main library website listed in the first column of this article.

La Selva Beach Hours

Tues, Thurs 1-6 pm
Saturday 2-5pm

Book Drop open 24/7

TV & MOVIES

Looking for new things to watch?

Streaming on HULU:

I Am Greta (2020) -- The story of teenage climate activist Greta Thunberg is told through compelling, never-before-seen footage in this intimate documentary from Swedish director Nathan Grossman. Starting with her one-person school strike outside of the Swedish Parliament, Grossman follows Greta--a shy student with Asperger's--in her rise to prominence and her galvanizing global impact as she sparks school strikes around the world. The film culminates with her extraordinary wind-powered voyage across the Atlantic to speak at the UN Summit in NY. (1 hr 38 min)

Greta Thunberg: A Year to Change the World (2021) -- Follow Climate Activist Greta Thunberg as she takes a year off school to explore the science of global warming and challenge world leaders, calling for action on climate change. This program consists of three one-hour episodes. It debuted on PBS on Earth Day 2021.

On HBO. Mare of Easttown stars Kate Winslet as a small-town Pennsylvania detective whose life is falling apart around her as she actively investigates a local murder. Also stars Julianne Nicholson and Jean Smart. This is a limited series of seven one-hour episodes. Aired Sundays at 10 pm. Began April 18; previous episodes are available on demand. First episode is offered for free on www.hbo.com.

Streaming on Disney+. National Geographic's four-part series **Secrets of the Whales** became available on April 22. It was filmed over three years; viewers get to see up close, personal images of these large and majestic creatures of the sea and learn more about their communication skills and unique behaviors. Narrated by Sigourney Weaver and directed by James Cameron.



HELPFUL INFORMATION

Cañon del Sol Community Website

www.canondelsol.com

username: cds | password: surfandsun

CDS Board of Directors

President	Bob Carpenter
Vice President	Judy Mathews
Treasurer	Colin Tierney
Secretary	Jesse Fielding
Director-at-large	Bruce Margon

CDS Property Management Company

Anderson & Company, Inc.

783 Rio Del Mar Blvd., Suite 59, Aptos, CA 95003

831.688.1090 | general@acomgt.com

CDS Property Manager

Tom Hewett | 831.722.4048 | CDS@acomgt.com

CDS Clubhouse

400 Abalone Drive, La Selva Beach, CA 95076

Marine Mammal Rescue: 831.633.6298

First Alarm Security - Patrol Division

831.684.1111

Police/Sheriff - Non-emergency

831.471.1121

CalFire - Be Ready

www.readyforwildfire.org/prepare-for-wildfire

Newsletter Editor: Lorraine Margon; 831.345.2394

lorrynemargon@gmail.com

*Send in your comments, news,
announcements & photos!*

