

## The High Tide

March 2020

A Newsletter for Residents of Cañon del Sol Volume 3, Issue 2

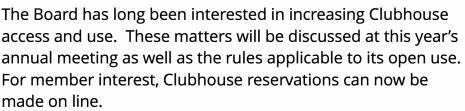
## PRESIDENT'S MESSAGE

The subject I first want to address this month is Board membership. Since the last newsletter, Mary Ann Herlihy has resigned as a member of the Board. I want to thank her for all the work she did for Canon del Sol and the support she gave the community. We wish her well going forward. In accordance with recognized board practices, the Board appointed Judy Mathews to fill the position.

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A major matter of interest this month has been the short-term rental ban issue. In review, at the 2019 Annual Meeting of Members, the Board informally sought an indication of member interest in a development-wide ban on short-term rentals. Thereafter, in response to what it perceived to be a positive interest in such a ban and its own perception of what was in the best interest of Canon del Sol, the Board adopted a rule banning rentals of 30 days or less. In accordance with the legal requirements for the adoption and implementation of rules in home owner associations, the rule was circulated among members for comments. Then, when less than a majority submitted comments, the Board sent members a questionnaire covering the subject. The response to the questionnaire was essentially 50 percent in favor and 50 percent opposed. As a result, the Board has revoked the rule it adopted. There is no development-wide ban on short-term rentals, although, of course, County licensing requirements continue to apply.



Given the lack of rain this year, we have turned the landscape irrigation system on earlier than in the past. Please let us know



of any leaks or other malfunction of the system that come to your attention.

The pool will be heated starting March 23.

Unfortunately, we have had to postpone the March 28 HOA Annual Meeting due to the coronavirus crises. We will be in touch with a new date when we have more clarity on this situation. Meanwhile, stay well.

### Henry Bose



### **SWIMMING POOL AND SPA**

The pool heater will be started on March 23. The spa continues to be heated year-round. Please obey all posted rules.

Pool Hours: 9 am until 10 pm





### WELCOME NEW RESIDENTS

This is a new column in which we plan to welcome new residents shortly after they arrive.

> Welcome the new owners of 424 Santa Monica, Donald and Teri Phillips!



## **CALENDAR**

## **ONGOING**

#### **NEW DAY OF THE WEEK!**

#### <u>Tuesdays</u> from 2-4 pm Table Games in the CDS Clubhouse March 24, 31

Join Judy Mathews (441 Oyster Drive) who has organized a weekly afternoon "Meetup Group" of game-playing with neighbors. Judy will supply a room heater, hand-sanitizer and hot tea. You can bring your own drink if preferred.

Bring any games you'd like to play and a neighborhood friend. This group is for CDS residents only.

All levels are welcome to attend. Anyone under 21 years of age must be accompanied by an adult relative. Feel free to come and observe the first time. Drop-ins are welcome.

Questions: Judy Mathews: 408-655-5141 mathewsjc50@gmail.com

You can join this Meetup Group online at: https://tinyurl.com/s2ymjbr



## **EVENTS THIS MONTH**

Given the outbreak of the novel coronovirus (COVID-19), we are suspending listings because many will be canceled or postponed.

If you are looking for things to do, check the following resources:

- www.santacruz.org
- www.riotheatre.com
- downtownsantacruz.com
- http://goodtimes.sc

## **LOOKING AHEAD**

**Broadway SF** has announced its 2020–2021 season, which includes the following seven Broadway blockbusters at the Orpheum and Golden Gate Theatres:

- 1. Oklahoma!
- 2. Ain't Too Proud--the Life and Times of the Temptations
- 3. Hadestown
- 4. The Cher Show
- 5. Moulin Rouge! The Musical
- 6. To Kill a Mockingbird
- 7. The Prom

www.broadwaysf.com



### **RESIDENTS'NEWS**

Bruce and I flew to Santiago on January two days later boarded Hurtigruten's newest and only hybrid-electric cruise ship, which was with about 350 passengers going on this "expedition" sailing. We traveled through the Chilean fjords, through the Beagle Channel into open waters. This is where the Atlantic, Pacific and Souther Seas blend to form the Drake Passage, the most turbulent seas on the planet. When violent, it's referred to as the Drake Shake; when calm, the Drake Lake. Fortunately, our crossings to and from leaned more toward "Lake" than "Shake."

We visited the Antarctic Peninsula, the South Shetland Islands and the Falkland Islands. We saw whales, seals and six of the eight Antarctic penguin species. And then there were the glaciers, icebergs, 50 knot winds and chilly temperatures. At some point, we hope to be able to do a presentation in the clubhouse to anyone in the CDS community who is interested in learning more

about our trip. Meanwhile, here are a few photos taken during this memorable

adventure.

Lorraine Margon (329 Canon del Sol)

#### **Photos:**

<u>Above</u> - The Margons before heading to shore by zodiac, at Half Moon Island

Below - Chinstrap penguin on Half Moon Island; glaciers on Danco Island as seen from ship

## WANTED Residents' News

I'd love to include any news you'd be willing to share. Things like. . .

- Introductions of you and your family
- Birth of a child or grandchild
- Photo of family member(s) doing something cute, charming or note-worthy
- Photo of your pet (old or new)
- Wedding or milestone anniversary
- Travel/Vaction pics
- Award you won
- Recipe to share
- An activity group you'd like to start

Please send your contributions to:

Lorraine Margon
LorraineMargon@gmail.com
831-345-2394



## APTOS LIBRARY

NOTE: THE LA SELVA
BEACH LIBRARY IS CLOSED
FOR RENOVATIONS UNTIL
JUNE 2020.

#### La Selva Beach Bookmobile

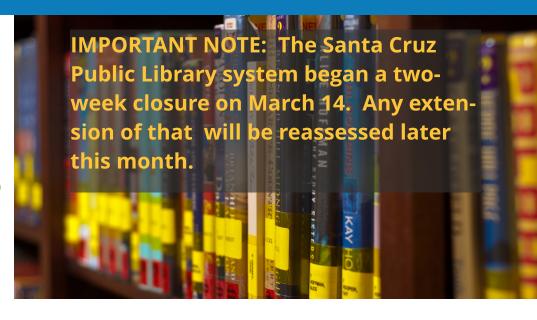
Stops every other Wednesday from 1:30 to 2:30 pm on Playa Boulevard, just past Florido Avenue. While the LSB library is closed for remodeling, patrons can request books to be delivered to "Outreach," and your book(s) will be delivered on the Bookmobile.



#### **APTOS HOURS**

Sunday Closed Mon-Thurs 10 am - 8 pm Friday-Sat 10 am - 5pm

NEXT BOOKMOBILE DAYS Apr. 1,15 & 29



#### 4TH FRIDAY MOVIE



March 27 at 10:00am La Selva Beach Community Church

#### **Dark Waters**

2019 · PG-13 Drama/Thriller · 2h 6m

A tenacious attorney uncovers a dark secret that connects a growing number of unexplained deaths to one of the world's largest corporations.

While trying to expose the truth, he soon finds himself risking his future, his family and his own life.

#### WANTED: BOOKS & MOVIES

Need to get rid of some old books and/or videos?

The Friends of La Selva Beach would like them for their annual sale at the July La Selva Beach "Books and Brews" event, which raises funds for the library.

They'd like a wide assortment of:

- Adult fiction
- Adult non-fiction
- Children's books
- Audio books
- DVDs
- ▶ Cookbooks

If you have any books, movies, materials to donate, please call Cindy Jackson to arrange a pick-up.

Cindy can be reached at: 662-2374 cinjack6860@gmail.com

#### **Coronavirus Disease 2019 (COVID-19)**

Unless you are living under a rock, you already know that the coronavirus is making its rounds from Wuhan, China to all around the world. The U.S. has had problems in producing the tests needed to positively I.D. the disease. That situation seems to be improving, albeit slowly, and some hospitals, labs and research facilities have developed their own tests that have been approved for use.

In Santa Cruz County, we have few known cases. Still, many activities--large and small--are being canceled or postponed. The goal here is to prevent the spread of the disease. If we have a large outbreak, this will put pressure on the medical systems, which has a limit to how many people it can treat properly at any one time.

It is a personal decision as to how you go about your business, who you socialize with and what meetings and events you attend.

California Governor Newsom has asked that persons 65+ isolate themselves fromothers. Keep in mind, the people most at risk are age 80 and over, although all "seniors" are in the group of most concern. Children appear to be significantly less susceptible and are getting very mild cases when infected.

It's a good idea to stock up on food in case you or someone living with you gets the virus, or in case you are exposed and need to quarantine yourself.

#### Reduce your risk of coronavirus infection:



Clean hands with soap and water or alcohol-based hand rub

Cover nose and mouth when coughing and sneezing with tissue or flexed elbow





Avoid close contact with anyone with cold or flu-like symptoms

Thoroughly cook meat and eggs





Avoid unprotected contact with live wild or farm animals



## It's all in the numbers... try 97.9

The standard body temperature for the past 150 years has been 98.6°F. The <u>NEW</u> standard body temperature is now 97.9°F, according to a Stanford University study. Researchers concluded that the nearly one-degree drop is likely due to physiological changes.

# HEALTH& WELLNESS

A PERSONAL STORY
BY LORRAINE MARGON

As I wrote in January, I'm on a weight loss journey that has been long in the making. I managed to get through our three-week cruise to Antarctica without gaining weight. I did make an effort to eat mindfully while away yet still enjoyed the occasional cocktail or dessert. When I wrote previously, I had lost 17-lbs. since October 22. I'm now down almost 22 lbs. My "baby" sister, May, in Maryland is my weight loss buddy; we're both following the Weight Watchers online "blue" program. May has lost 55 lbs. We both plan to lose more and are cheering each other on. My guilty pleasure is no longer sugary treats but rather a WW peanut butter-chocolate snack bar--two or three bites of yummy goodness.



### HELPFUL INFORMATION

#### **Cañon del Sol Community Website**

www.canondelsol.com username: cds | password: surfandsun

#### **CDS Board of Directors**

**President** Henry Bose

**Vice President** Judy Mathews

Treasurer Bob Carpenter

**Secretary Jesse Fielding** 

**Director** Bruce Margon

#### **CDS Property Management Company**

Anderson & Company, Inc.
783 Rio Del Mar Blvd., Suite 59, Aptos, CA 95003
831.688.1090 | general@acomgt.com

#### **CDS Resident Manager**

Tom Hewett 831.722.4048 | CDS@acomgt.com CDS Clubhouse

400 Abalone Drive, La Selva Beach, CA 95076

**Marine Mammal Rescue** 

831.633.6298

First Alarm Security - Patrol Division

831.684.1111

Police/Sheriff - Non-emergency

831.471.1121