



The High Tide

January 2022

A Newsletter for Residents of Cañon del Sol

Volume 5, Issue 1

PRESIDENT'S MESSAGE

Happy New Year!

With 2021 behind us, and being one of the tougher years I can remember, I look forward to 2022, and all of its possibilities.

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The board met on January 3 and reviewed the three large projects that are carrying over into the new year. We reviewed and approved an updated proposal for the new retaining wall within the sewage treatment plant. The bid for the project was \$60,000, and we anticipate having additional expenses to replace damaged or aged-out landscaping in that area. Our contractor is prepared to begin as soon as the end of this month, assuming the County can streamline the permit process.

The board chose to reaffirm its commitment to installing solar for the HOA facilities. Our vendor, Altera Solar, will be working to obtain all of the necessary permits and the approvals from PGE, such that we can complete this project during the spring. Initial indications are that we will be able to offset a minimum of 80 percent of our power needs. A full package of information will be made available in the *Solar* project link found in the documents area of our HOA website.

The board also discussed options for replacing the three sets of double doors at the clubhouse. All of the doors are original, and all have issues with sagging and worn-out lock sets. The replacement of these doors has been a topic in front of the board for the past three to four years, and we have kept them working, but by no means perfectly. With the potential that the clubhouse will be seeing much more daily use, it was determined that replacement of all doors and locking systems was in order. We will be reviewing keyless security options to go along with the new doors. Once a



A western bluebird rests on a CDS resident's deck railing.

plan is selected, we will investigate whether to also update the locking systems for the pool area and tennis courts.

With a new year comes the opportunity to hold our Annual General Meeting (AGM). With the current COVID situation, there has been no determination of how this meeting will take place. However, if we are able to hold the AGM "in person," we will try to also hold it via Zoom so that those who are more comfortable attending virtually (rather than in person) may do so. Hence, this would be a hybrid meeting (some attending in person and some virtually via Zoom). We will review possible options during the next board meeting. We hope to be able to publish the date, format and other details of the AGM in the February newsletter, along with all of the official documents from Anderson. We are also seeking potential new board member candidates as two of the current board position terms expire this year. Please feel free to contact Anderson & Co. if you have any interest in becoming part of the board.

The next board meeting will take place on February 7. Key items for this meeting include: (1) review all of the ongoing reserve projects and the 2022 reserve budget; (2) plans for the AGM, which we expect to be held in late March or early April; and (3) establishment of an election committee to govern the board in filling the two board seats that are up for re-election in 2022.

Please feel free to contact me or with any questions or concerns. And, thanks for continuing to be safe and wearing a mask when necessary!

Bob

bob@cabrenee.com or 408-368-6895



From the Editor

When I sat down to write this, I looked at last month's edition and immediately noticed a huge typo in the masthead. Somehow I forgot to change the month (from November to December) and the edition number (from 11 to 12). That was just a blatant reminder that I'm not perfect, at least not at proofreading! Although this may be one goal for the new year, I have a few more and will endeavor to achieve them. That's the best any of us can do--just to try. Often, we are more critical of ourselves than are others, putting more pressure on ourselves than we should. Perhaps the first resolution we should undertake is to have reasonable expectations, both of ourselves and others. Read more about setting such goals on page 4.

To keep the festive nature of the holiday season going, Karen McCarty has provided a recipe for what look to be very tasty cheese balls. See page 5 for her recipe, notes and photos. Thank you, Karen!

As we continue to take certain precautions to keep all variants of Covid-19 at bay, we will probably spend more time at home looking for interesting things to do. Some TV & movie suggestions are on page 6. A few "things to do," which are out in the community, are listed on page 3.

I hope you will consider sending me some contributions for next month's edition. Everyone enjoys getting to know other residents and finding out what else is going on!

Although no rain is in the immediate future, I will keep my fingers crossed and do a little rain dance as part of my resolution to keep fit. Current rain totals are on page 6.

I hope to see you around the neighborhood!

Lorraine Margon

RESIDENT PET

MEET TEDDY!

Teddy is a Poodle/Bichon Frise mix.

*Her parents are
Terry & Kristin Hughmanick
of 393 Canon del Sol.*



THINGS TO DO

DON'T FORGET: Game Day in the Clubhouse every Tuesday, 3-5 pm!

Cards, board games, billiards, table tennis. Bring your own beverage and wear a mask.

Banff Centre Mountain Film Festival at the Rio Theatre

From exploring remote landscapes to adrenaline-fueled action sports, films selected for the 2021/2022 World Tour are sure to captivate and amaze you. Be moved. Be inspired.



February 25-27 at 7 pm; www.riotheatre.com

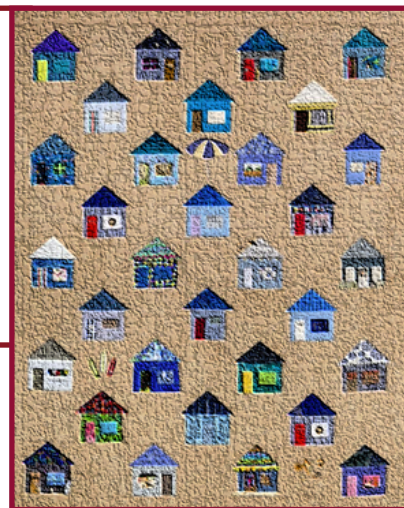
"Good Vibrations" Quilt Show

Pajaro Valley Quilt Association

February 26-27

Santa Cruz County Fairgrounds

www.pvqa.org



Downtown Santa Cruz Wine Walk

May 1, 2022

3-6 pm

Details and tickets:

<https://tinyurl.com/46dnvz2s>



NEW YEAR'S RESOLUTIONS

Studies show it takes from 18 to 25 days to start a new habit. With that in mind, here are some tips to improve your chances of making/changing a habit and keeping that New Year's Resolution.

1. **Know the why** - Understand why you are making the resolution. For example, if it's losing weight, why is that important? Will those fewer pounds make you look better, feel better, reduce medical bills. Buying into the resolution makes it easier to keep going.
2. **Keep it simple and be specific** - Don't try to overhaul your entire life; focus on one or two goals.
3. **Make the resolution realistic** - Don't aim too high. Look at your track record on resolutions and pick something achievable.
4. **Create bite-sized portions** - Break the resolution down into achievable and manageable chunks. The more planning you do now, the more likely you will reach your goal.
5. **When you slip, get back into it quickly** - It's okay if you didn't keep your resolution for a day here or there; do it the next day, and keep it going.
6. **Be patient.**

Excerpted from: <https://www.pbsnc.org/blogs/science/starting-new-habits/>

Go easy on yourself.
What you do today,
let it be enough.



SHOULD YOU SET ANY 2022 NEW YEAR'S RESOLUTIONS?

Nothing says that you have to set resolutions for 2022. In fact, given the past two years and how oppressed the pandemic has made so many of us, perhaps we should go easy on ourselves. We are not even sure what the future holds. So, does it make sense to make resolutions?

Perhaps, you should set just one or two resolutions, to which you can pair specific actions. For example, if you want to spend more time with family and friends this year, set aside two days or evenings for that purpose. If you want to spend less time on social media, set specific hours you will spend on the computer each day, reserving the rest of your time for other activities.

RECIPE CORNER

This recipe comes from Karen McCarty (436 Oyster Drive)

Pat's Olive Stuffed Cheese Puffs (makes 36)

Background Story. One of my college roommates--Pat O'Hara Gable--gave me this recipe 50+ years ago. It was one of her family recipes. These are so easy to make and as delicious as they were then. I used to shred my own cheese, but now use pre-shredded (fine) cheese, and it works just as well. Although 36 balls seem like a lot, trust me, they will not last long!! As my daughter Megan says, "We could eat the whole batch in one sitting."



Ingredients

- 1 cup flour
- 1/2 lb (1 cup) sharp cheddar cheese, shredded
- 1 stick (1/4 lb) butter, softened
- Pimento-stuffed green olives (can be cut in half or left whole)



Directions

1. Combine flour, cheese, and softened butter. (I typically knead them together with my hands until all of the flour is incorporated and you have a nice, pliable dough.)



2. Form the dough into small balls.

3. Put a thumb print in each ball and add a pimento stuffed olive into each. Then, wrap the dough around the entire olive.

4. Refrigerate the cheese balls for at least 30 minutes. (They can be refrigerated for several days or frozen. If frozen, defrost before baking.)

5. Bake at 350° for 15 minutes or 375° for 10 minutes.



TV & MOVIES



Pickles by Brian Crane

- Netflix:** **"Emily in Paris,"** season two - now + **"Ozark,"** season four - Jan. 21
- Hulu:** **"How I Met Your Father,"** new series - Jan. 18
- Amazon:** **"The Marvelous Mrs. Maisel,"** season 4 - Feb. 18 + **"Reacher,"** new series - Feb. 4
- Disney+:** **"Betty White Goes Wild!,"** 2013 movie - now
- Apple TV:** **"CODA,"** 2021 movie - now; a deaf family w/a hearing daughter and their struggles.
"Finch," 2021 movie - now; Tom Hanks stars as Finch, a robotics engineer and survivor of a cataclysmic solar event who has built a world of his own that he shares with his dog, Goodyear. *Adventure/drama/sci-fi.*
- HBO Max:** **"Station 11,"** new series - now; stars Mackenzie Davis; a post apocalyptic saga spanning multiple timelines, telling the stories of survivors of a flu as they attempt to rebuild and re-imagine the world anew while holding on to the best of what's been lost (based on the 2014 novel with the same title).
Note: It's recommended that you take advantage of the "extras" video content and view the "Beginners Guide" video before episode 1 and each of the "Decoded" videos after every episode for more clarity. *Adventure/drama/fantasy.*

Editor's note: *I've recently watched CODA, Finch and Station 11 and enjoyed all of them.*

LIBRARY

Santa Cruz Public Libraries

<https://www.santacruzpl.org>

La Selva Beach Branch Hours

Tues - Thur 11 am - 6 pm

Fri - Sat 12 pm - 5 pm

Book Drop is open 24/7.

Branches that closed for renovations:

*Aptos Boulder Creek
Branciforte Garfield Park
Scotts Valley*

Book Drops are open 24/7.



RAINFALL TOTALS FOR LA SELVA BEACH

Rain season is October 1 to September 30.

Season to date 18.08 inches

Last year to date 3.92 inches

Last year total 15.67 inches

Rain data is current as of 2 pm on January 12, 2022,
as reported in the [Santa Cruz Sentinel](#).



WANTED



*****More News from You!*****

Send pics/info to:

LorraineMargon@gmail.com

Please send me:

- *Photos from your hikes, travels or fun outings*
- *Pictures of new children or grandchildren in the family*
- *Photos/info about anything we can include that would help others to get to know you and/or your family (including grandkids, etc.); things like:*
 - *a milestone birthday or anniversary*
 - *a race you won*
 - *an award you received*
 - *any other accomplishment*
- *Favorite recipe, restaurant, place to hike or bike*
- *A good book*
- *ALSO: Please send in pictures of your furry companions, with or without his/her owners! Please include your pet's name, age and breed along with owner name(s) and address.*



2022 JANUARY

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|-----|-----|-----|
| Clubhouse Schedule* *EXCEPT FOR BOARD MEETINGS, WHICH ARE HELD VIA ZOOM | | | | | | 1 |
| 2 | 3 4 PM -ZOOM HOA BOARD MEETING | 4 | 5 4-6 PM WOMEN'S BOOK CLUB | 6 | 7 | 8 |
| 9 | 10 | 11 3-5 PM GAME DAY | 12 4-6 PM WOMEN'S BOOK CLUB | 13 | 14 | 15 |
| 16 | 17 | 18 1:30-3 PM CDS CO-ED BOOK CLUB 3-5 PM GAME DAY | 19 4-6 PM WOMEN'S BOOK CLUB | 20 | 21 | 22 |
| 23 | 24 | 25 3-5 PM GAME DAY | 26 10 AM LAND- SCAPE CMTE 4-6 PM WOMEN'S BOOK CLUB | 27 | 28 | 29 |

2022 FEBRUARY

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|--|--------------------------------------|-----|-----|-----|
| | | 1 3-5 PM GAME DAY | 2 4-6 PM WOMEN'S BOOK CLUB | 3 | 4 | 5 |
| 6 | 7 4 PM -ZOOM HOA BOARD MEETING | 8 3-5 PM GAME DAY | 9 4-6 PM WOMEN'S BOOK CLUB | 10 | 11 | 12 |
| 13 | 14 | 15 1:30-3 PM CDS CO-ED BOOK CLUB 3-5 PM GAME DAY | 16 4-6 PM WOMEN'S BOOK CLUB | 17 | 18 | 19 |
| 20 | 21 | 22 3-5 PM GAME DAY | 23 4-6 PM WOMEN'S BOOK CLUB | 24 | 25 | 26 |
| 27 | 28 | | | | | |



HELPFUL INFORMATION

Cañon del Sol Community Website

www.canondelsol.com

username: cds | password: surfandsun

CDS Board of Directors

| | |
|-------------------|----------------|
| President | Bob Carpenter |
| Vice President | Judy Mathews |
| Treasurer | Colin Tierney |
| Secretary | Jesse Fielding |
| Director-at-large | Bruce Margon |

CDS Property Management Company

Anderson & Company, Inc.

783 Rio Del Mar Blvd., Suite 59, Aptos, CA 95003

831.688.1090 | general@acomgt.com

CDS Property Manager

Tom Hewett | 831.722.4048 | CDS@acomgt.com

CDS Clubhouse

400 Abalone Drive, La Selva Beach, CA 95076

Marine Mammal Rescue: 831.633.6298

Allied Universal Security - Patrol Division

831.684.1111

Police/Sheriff - Non-emergency

831.471.1121

CalFire - Be Ready

www.readyforwildfire.org/prepare-for-wildfire

Newsletter Editor:

Lorraine Margon

831.345.2394

LorraineMargon@gmail.com

*Please send in your
comments, news,
announcements
and photos!*