



# The High Tide

August 2020

A Newsletter for Residents of Cañon del Sol

Volume 3, Issue 7

## PRESIDENT'S MESSAGE

In the monthly Zoom Board meeting on August 3, the Board reviewed the most recent painting project that we completed. This project ran over budget due to extensive siding and trim damage that required repair prior to painting. The Board will be working to revise our financial reserves moving forward to assure that we can continue to address these problems as we move through our ongoing six-year painting cycles.

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The Board decided that with Covid concerns it was best to skip the biennial fireplace chimney and dryer vent inspections and cleanings. We will consider resuming these if necessary in the future. Owners are encouraged to inspect these areas themselves, and conduct any necessary maintenance as required.

The Board will also repopulate a few of our on going committees. We are currently looking for a few property owners to join the landscape committee. This committee will work to help the board develop a plan for tree maintenance, landscape improvements, and irrigation changes that help with water savings. If you have a few hours a month and would like to help out, please let me know.

I know many are eagerly waiting for the hot tub to reopen, but unfortunately the county health official has not changed her position on community hot tubs and their use during the pandemic.

Thanks to all for wearing a mask! Stay safe!

**Bob Carpenter**

[bob@cabrenee.com](mailto:bob@cabrenee.com)

408-368-6895



# COMMUNITY FACILITIES

## SPA, TENNIS COURTS AND CLUBHOUSE

**CLOSED** until further notice as we continue to follow state and county guidelines re Covid-19.



## SWIMMING POOL NOW OPEN BY SIGN-UP

The pool is open, but usage of the swimming pool is temporarily by reservation only (due to Covid-19). You must sign up on the sheet next to the pool and reserve on an hourly basis.

Members, renters, and their invited guests, who are currently within the same social distancing "bubble," may use the pool together.

If you are not going to use the slot you signed up for, please go back and cancel it so others may use that time slot.

**Thank you for adhering to this policy!**

Note: Detailed rules, dated June 25, were sent to you. Please keep these handy and refer to them.

# RECIPE CORNER

## Baked Lasagna Roll-Ups



### Ingredients (serves 4)

- 1 package (10 oz.) frozen spinach, thawed and squeezed dry
- 1 large egg, beaten
- 1-3/4 cups ricotta cheese
- 4 tablespoons grated Parmesan cheese, divided
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1/8 teaspoon ground nutmeg
- 8 thin slices deli ham, halved lengthwise
- 8 lasagna noodles, cooked and drained
- 1 jar (14 ounces) spaghetti sauce

### Directions

1. In a bowl, combine the spinach, egg, ricotta cheese, 2 tablespoons Parmesan cheese, salt, pepper and nutmeg.
2. Place 2 pieces of ham on each noodle. Spread with 1/3 cup spinach mixture.
3. Roll up and place seam side down in a greased 13x9-inch baking dish.
4. Top with spaghetti sauce.
5. Cover and bake at 350° for 40-45 minutes or until heated through.
6. Uncover; sprinkle with remaining Parmesan.
7. Let stand for 15 minutes before cutting.

Source: Taste of Home

# PREPARE FOR THE PERSEIDS

The Perseid meteor shower is about to make its annual return to the night sky. It's predicted to reach its peak late on the night of Tuesday, August 11th, and early on Wednesday, August 12th. Begin watching for meteors soon after evening twilight ends. By then the shower's radiant, its perspective point of origin in the constellation Perseus, has risen above the northeastern horizon. The few Perseids that appear this early will be spectacularly long "earthgrazers" that skim along the top of the atmosphere. The higher the radiant, the more meteors you'll see; so when Perseus is higher in the northeast, more meteors will appear all over the sky.

The Perseids are a long-lived event, and you should see meteors--though fewer in number--for several nights before and after the night of the peak.

To enjoy the Perseids, you need no equipment but your eyes. Find a dark spot with a wide-open view all around if possible. Relax, be patient and let your eyes adapt to the darkness.

"These 'shooting stars' can appear anywhere and everywhere in the sky. You don't have to look at the radiant to see them," advises Diana Hannikainen, Sky & Telescope's Observing Editor. "So the best direction to watch is wherever your sky is darkest, usually straight up." Faint Perseids appear as tiny, quick streaks. Occasional brighter ones might sail across the heavens for several seconds and leave a brief train of glowing smoke.

Meteors are caused by tiny, sandgrain- to pea-size bits of dusty debris streaking into the top of Earth's atmosphere roughly 80 miles (130 km) up. Each Perseid particle zips in at 37 miles per second, creating a quick, white-hot streak of superheated air.

The Perseid bits were shed long ago by Comet Swift-Tuttle and are distributed all along the comet's 133-year-long orbit around the Sun. Earth passes through this tenuous "river of rubble" every year in mid-August. The comet is so named because it was independently discovered by Lewis Swift and Horace Parnell Tuttle in July 1862.

Source: Sky & Telescope Magazine



*Women's Suffrage Centennial*  
*August 26, 2020*

# WOMEN'S SUFFRAGE: 1920-2020

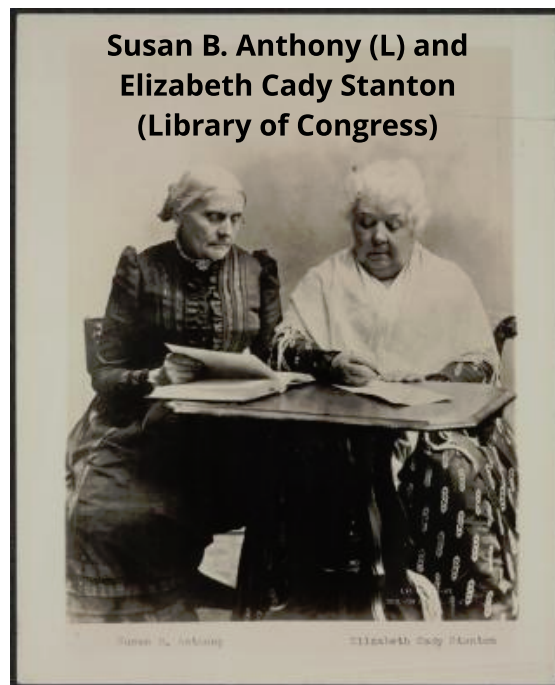
## THE MOST SIGNIFICANT ACHIEVEMENT OF WOMEN IN THE PROGRESSIVE ERA

The woman suffrage movement actually began in 1848, when a women's rights convention was held in Seneca Falls, New York. The Seneca Falls meeting was not the first in support of women's rights, but suffragists later viewed it as the meeting that launched the suffrage movement. For the next 50 years, woman suffrage supporters worked to educate the public about the validity of woman suffrage. Under the leadership of Susan B. Anthony, Elizabeth Cady Stanton and other women's rights pioneers, suffragists circulated petitions and lobbied Congress to pass a constitutional amendment to enfranchise women.

At the turn of the century, women reformers in the club movement and in the settlement house movement wanted to pass reform legislation. However, many politicians were unwilling to listen to a disenfranchised group. Thus, over time women began to realize that in order to achieve reform, they needed to win the right to vote. For these reasons, at the turn of the century, the woman suffrage movement became a mass movement.

In the 20th century, leadership of the suffrage movement passed to two organizations. The first, the National American Woman Suffrage Association (NAWSA), under the leadership of Carrie Chapman Catt, was a moderate organization. The NAWSA undertook campaigns to enfranchise women in individual states, and simultaneously lobbied President Wilson and Congress to pass a woman suffrage Constitutional Amendment. In the 1910s, NAWSA's membership numbered in the millions.

The second group, the National Woman's Party (NWP), under the leadership of Alice Paul, was a more militant organization. The NWP undertook radical actions, including picketing the White House, in order to convince Wilson and Congress to pass a woman suffrage amendment.







**Alice Paul (Library of Congress)**

In 1920, due to the combined efforts of the NAWSA and the NWP, the 19th Amendment, enfranchising women, was finally ratified. This victory is considered the most significant achievement of women in the Progressive Era. It was the single largest extension of democratic voting rights in our nation's history, and it was achieved peacefully, through democratic processes.

Source: National Women's History Museum

## **WANTED** **Residents' News**

I'd love to include any news you would be willing to share. . . .

- Family news and photos
- Photo of your pet
- Wedding or other milestone
- Travel and vacation pics
- Award you won
- **Or, tell us what you're doing to occupy yourself and stay sane during the pandemic.**



*Please send your contributions to:*

**Lorraine Margon**  
**LorraineMargon@gmail.com**  
**831-345-2394**



**College day in the picket line (Library of Congress)**



# MEDIA NOOK



## Library Info

The county libraries remain closed. However, there are a couple of things that have "re-opened":

### **Book Returns**

All returned items are quarantined before being checked in. Allow one week for processing and to be removed from your account. No late fees will be assessed during the quarantine.

**La Selva Beach Branch**  
**Book Drop**  
**Open 24/7**

**Aptos Drive-Through**  
**Book Drop**  
**12:30 - 5 pm Mon. - Sat.**

### **Make Requests Online for Library Materials**

When items are ready, you can pick them up at the:

**Aptos Branch**  
**Mon. through Fri. from 1-5 pm**

- Please call the library when you arrive: **831-427-7702**.
- Walk-up service is also available. Wear a mask and practice social distancing.

# FOOD

## TAKE-OUT & DINE-IN RESTAURANTS

### COUNTY-WIDE LISTINGS

<http://santacruzfoodie.com>

## RESTAURANTS NEARBY WITH PATIO DINING:

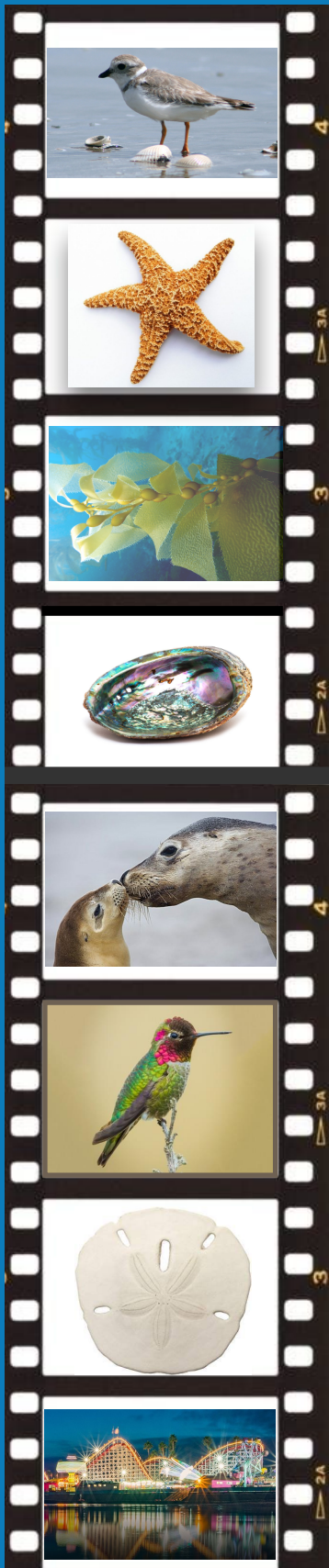
RED APPLE CAFE - APTOS/RIO DEL MAR  
BITTERSWEET BISTRO - APTOS/RIO DEL MAR  
PALAPAS - APTOS/SEASCAPE  
SANDERLINGS - APTOS/SEASCAPE RESORT  
SEVERINO'S BAR & GRILL - APTOS

## **La Selva Beach Library Construction**

If you walk around the Florido side of the LSB library, you can now see new windows. All of the single pane (really old!) windows are being replaced to make a much more attractive exterior and a much more comfortable interior. Getting all of the necessary approvals for a movable wall (to replace the stationary interior wall) are in process now. Little by little, there is headway toward our new library.

The current projection is that the construction will be completed during the first quarter of 2021.

The library is now scrambling to staff the libraries that are currently open with 70 employees rather than the 126 FTE (full-time equivalent) available before the pandemic. It is expected that Capitola and LSB branches will open at about the same time and that Aptos will then be closed for construction.



# HELPFUL INFORMATION

## Cañon del Sol Community Website

[www.canondelsol.com](http://www.canondelsol.com)

username: cds | password: surfandsun

### CDS Board of Directors

President	Bob Carpenter
Vice President	Judy Mathews
Treasurer	Colin Tierney
Secretary	Jesse Fielding
Director-at-large	Bruce Margon

### CDS Property Management Company

Anderson & Company, Inc.

783 Rio Del Mar Blvd., Suite 59, Aptos, CA 95003

831.688.1090 | [general@acomgt.com](mailto:general@acomgt.com)

### CDS Property Manager

Tom Hewett

831.722.4048 | [CDS@acomgt.com](mailto:CDS@acomgt.com)

### CDS Clubhouse

400 Abalone Drive, La Selva Beach, CA 95076

### Marine Mammal Rescue

831.633.6298

### First Alarm Security - Patrol Division

831.684.1111

### Police/Sheriff – Non-emergency

831.471.1121