



The High Tide

June 2022

A Newsletter for Residents of Cañon del Sol

Volume 5, Issue 5

PRESIDENT'S MESSAGE

Our June Board of Directors meeting was held in person at the HOA clubhouse. This was the first meeting in over two years that was held in person. We are committed to returning to in-person meetings; and based on the size of our clubhouse, and the amount of open space, we feel that we can offer a safe, comfortable environment for in-person meetings. We will continue to try to support those who cannot attend in person by offering a Zoom alternative. In addition, we will be looking at cost-effective options to improve on this hybrid meeting capability, as we have board members who are frequently remote.

In April, the new clubhouse double doors were installed. We are now waiting on the final pieces to complete the security and card key access system. We will run a trial period of this access system on the clubhouse, with the hope of also converting the pool and tennis court access to a card key system later this year.

During the first week of June, the new solar power system was installed on the clubhouse roof. This system will provide our HOA with approximately 85 percent of our power needs. We chose to put in the largest system possible without expanding our 200 amp service feed from PG&E. The system is currently operational, and we will be allowed to sell excess power back to PG&E in July. This will then offset our electricity charges for the pool, irrigation, and lights within our community.

I would like to thank David O'Rourke for his diligent efforts in this project, including the initial analysis to help the board with the final decision as well as his guidance and involvement with the physical installation of the system. Our community is lucky to have a key volunteer like David. As an aside, if anyone is considering the benefits of adding solar, I am sure David would be willing to share his expertise. All details around the clubhouse project can be found on our website by going to "Documents" and then to "CDS HOA Solar" or to this link:

INSIDE THIS EDITION

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<https://canondelsol.com/cdss-hoa-solar-project/>. Also, when the O'Rourkes installed solar at their home, David wrote about it in detail in the December 19, 2018 newsletter, which you can find [here](#).

The next board meeting will be held in the clubhouse on July 11 at 4 pm (delayed one week due to the July 4th holiday).

Feel free to reach out if you have any questions or concerns. Cheers,

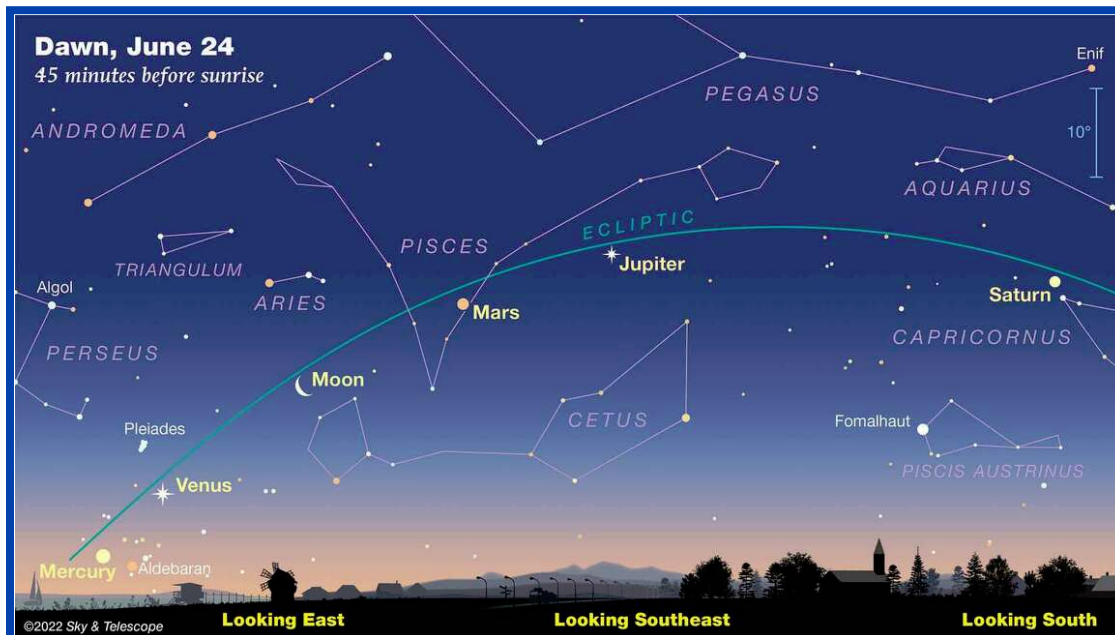
Bob bob@cabrenee.com
or 408-368-6895

A note regarding accessing links on our HOA website. . . to access any documents on the CDS website that are referenced in this newsletter, you must be logged into our website to begin. Go to the top of page 9 for the information needed to log in.

SCIENCE

FIVE PLANETS LINE UP IN RARE DISPLAY

You will want to find the least obstructed view as Mercury will be very low in the sky. This may be difficult given our west coast location.



June brings us a rare planetary alignment (or "planetary conjunction"). You can expect to see Mercury, Venus, Mars, Jupiter and Saturn all in the same part of the early morning sky this month. Optimum viewing time will be approximately 4:30 am (or 45 minutes before sunrise) on June 24. You do not need binoculars, just your eyes!

GREEN RECYCLING BIN

Please note that there is a green recycle bin available for the community's use. It is located on the left side of the clubhouse behind the gate. Please check the bulletin board for what items can be placed in the bin. This is primarily for your compost recycling, but is also a receptacle for any plant debris.



LANDSCAPE COMMITTEE

UCSC Arboretum and Botanical Garden
arboretum.ucsc.edu

Open daily from 9 am - 5 pm
It's well worth the visit!

Hello nature lovers!

Located on the UCSC campus, the UCSC Arboretum and Botanical Garden offers a wide variety of flora and fauna, walking trails, picnic areas and a gift shop. Highlights include the California, Australia, New Zealand, and South Africa gardens as well as the Aroma, Butterfly, and Succulent areas, just to mention a few. -- Linda Copp, Landscape Committee Member and arboretum volunteer



Left: *Telopea 'Fireball'*
Southern Coast of
Eastern Australia

Right: Hedgehog Cactus
Trichocereus sp.
South America



THINGS TO DO

June 25 - FREE

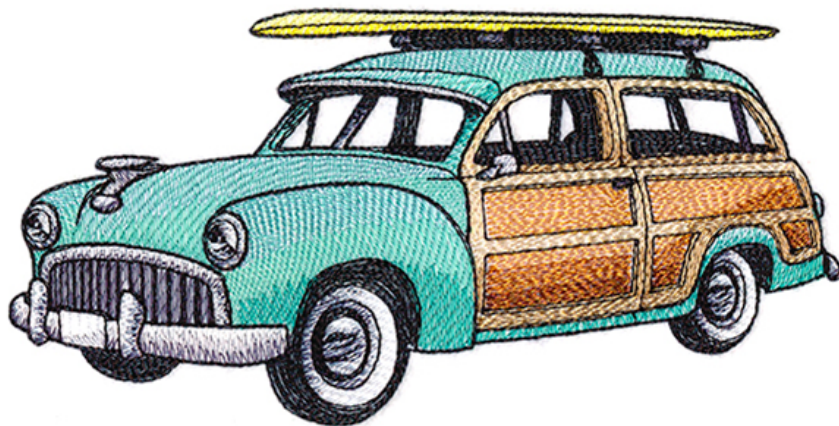
Woodies on the Wharf

SANTA CRUZ

The iconic Woodies return to the Santa Cruz Wharf for the 26th annual event on Saturday, June 25. There will be 200+ classic Woodies from across the country along with music, a charity raffle, entertainment and event merchandise.

Public viewing: 10 am - 3:30 pm

More info: www.santacruzwoodies.com



APTOS



July 9 - FREE - 9 am to 4 pm

Hot Rods on the Green

Classic and custom cars will be on display. There will be a DJ, activities for kids, vendors, a Red Cross blood drive, a ukulele band, a hoola hoop contest, and food trucks.

Twin Lakes Church
2701 Cabrillo College Drive
*Supports the Kingsmen Car Club's
Industrial Arts Scholarship Program*

SANTA CRUZ

June 18 @ 9:30 am-11:00 am - FREE

Natural Bridges State Beach: Tidepool Exploration Tour

831.423.4609 www.parks.ca.gov

Explore the spectacular tidepools with a State Parks interpreter or docent on this 1.5-hour guided tour. Bring layered clothing and good walking shoes.

Pre-registration required at:

www.santacruzstateparks.as.me

Meet at the side porch of the visitor center. Children ages 7+ are welcome, but parent or caregiver must attend with them. Vehicle day-use fee is \$10; free if you have an annual state parking pass.

WATSONVILLE

June 18 @ 11:00 am-4:00 pm - FREE

Castro Adobe State Historic Park: Open House

Stroll back in time to the mid-1800s Mexican rancho period with a State Parks docent to visit one of the historic social centers of the central California coast: the Castro Adobe. Explore several of the rooms in the two-story hacienda, including the fandango room and one of the last remaining cocinas in California, and learn about vaquero culture.

Pre-registration for each participant is required at:

www.SantaCruzStateParks.as.me/CastroAdobeOpenHouse

Masks requested indoors. Active construction site; open only during scheduled events. Limited parking; carpooling encouraged. For more information, call (831) 226-9669.

More about this historic landmark:

<https://www.californiafrontier.net/castro-adobe/>

Continued on page 8

QUICK BITES

Look for these in the grocery store

Nestle Toll House Ready-to Bake Brownies come in an oven-safe pan, so it's easy to whip up a batch in no time.

Kodiak Thin & Crispy Cookies are whole grain cookies that include 5 grams of protein per serving; available in chocolate chip, chocolate chip walnut, and oatmeal raisin flavors.



Buitoni and Impossible Foods Ravioli can be found in the refrigerated pasta aisle. These ravioli are plant-based and filled with a blend of three cheeses and Impossible Beef or Impossible Italian Sausage made from plants. Pair with your favorite sauce, a salad and garlic bread and you're ready to enjoy a meatless meal.

Dole Sheet Pan Meal Starter Kits include veggies and seasonings; just pair with a protein for a quick meal. They come in homestyle roasted herb, french onion, and lemon parmesan flavors. Find them in the refrigerated produce aisle.

Local eggs and a show

The Glaum family of egg ranchers is in its fourth generation and dates back to 1922 when John H. Glaum built a chicken house in Nebraska. He moved the family to Santa Cruz County in 1946. Their Watsonville chicken farm cares for 120,000 cage-free* chickens. Now, that's a lot of chickens!

Their barn store and processing room are located in Aptos. Here you can put \$4 (four \$1 bills--no coins) into a **vending machine and watch a dancing chicken show** at the same time. (Dancing chickens are often specially costumed for holidays.) These facilities are located at: 3100 Valencia Road, Aptos. Open Monday-Friday: 8 am - 4 pm and Saturday: 8 am - 2 pm.



**Glaum promises that its hens roam around freely and are fed an all-natural diet that does not contain any hormones, antibiotics, steroids, animal by-products, or recycled or processed foods. These hens will always: have fresh, pure water whenever they want it; eat nutritious and organic quality feed; be free of antibiotics or growth hormones; and live in clean, spacious, and well-ventilated barns.*

IN THE KITCHEN

Lodge Blacklock Skillet. Is your classic cast iron pan feeling a bit too heavy these days? If so, Lodge has introduced a lightweight, nonstick version with a triple seasoning finish. Skillets come in a variety of sizes, and other types of pans are offered in the Blacklock family. Starting at \$40. Use code BLACKLOCK20 to receive 20% off when you spend over \$100 at lodgecastiron.com.



Stretchable Silicon Lids/Bowl Covers by unwasted. These are a convenient and green substitute for plastic wrap. They come in a set of 7 lids in varying sizes from 3" to 12". They are freezer, mirowave, and dishwasher safe. Available from [Amazon](https://www.amazon.com); \$10.99.

Collapsible Microwave Splatter Proof Food Plate Cover by Tovolo. Avoid spills and splatters (and the consumption of paper and plastic products) by using this vented cover when microwaving an open plate or dish. It has an easy grip handle;

and it's dishwasher-safe and BPA-free. Size medium is 10.5" round and comes in gray, blue or red. Doubles as a collander. Available from [Amazon](https://www.amazon.com); \$8.95.



Quick Bites - from page 4

FOSTER FARMS, based in Livingston, California, was sold on June 7 to Atlas Holdings, a Connecticut private-equity firm. The iconic West Coast poultry business ends 83 years of family ownership.



Livingston Mayor Juan Aguilar, who was given a heads up before the sale, told residents they should expect business to continue as usual. The new owner will keep the Foster Farms brand. Donnie Smith, former CEO at industry giant Tyson Foods, will assume the CEO role at Foster Farms.

LIBRARY

Santa Cruz Public Libraries:

<https://www.santacruzpl.org>



La Selva Beach Branch

Tues - Thur 10 am - 6 pm

Fri - Sat 12 pm - 5 pm

Movies

Saturdays - family movies are typically shown from 3 to 5 pm (occasionally replaced with a performer).

4th Friday Movies are held monthly at 10 am.

Check the library's website or phone them to learn what movie they will be showing.

FOURTH OF JULY ACTIVITIES

Selva Beach Village

Activities

8:30 am: Fun Run

Meet at Triangle Park at 8:15 am to register for the 10K Run.

8 am - 2 pm: Bake Sale

Home-baked treats and coffee to start the day and enjoy the pet show and games!

9 am: Pet Show on Florido Lawn

Pet registration begins at 8:30.

10 am: Horse Shoes

Sign up early at Triangle Park for Adult Singles at 10 am and Adult Doubles at 1 pm **La.**

10 am - 2:30 pm: Food and Fun

Hot dogs, popcorn, snow cones and more will be available after the Pet Show. Bounce houses, face painting, balloons, and t-shirts for sale.

12 noon: Parade

Every year there are cool bikes, wagons and floats.

T-shirt and Apparel Sales - The annual LSB 4th of July t-shirts, sweatshirts, and tank tops will be sold on Playa, near El Patio on the following Saturdays and Sundays:

June 25 and 26: 12-4 pm

Aptos

The famous 4th of July parade in Aptos is just 0.6 miles and fondly known as "The World's Shortest Parade." It's followed by the "Party in the Park" at Aptos Village Park--food, vendors, music, and kids' activities abound.

Activities

7:30-10 am: Pancake Breakfast

burger., in the Aptos parking lot
Adults: \$12 / Kids: \$5 / 2 and under: free

10 am - 12 pm: World's Shortest Parade

Begins at the intersection of State Park & Soquel Drives

Ends at the intersection of Trout Gulch Road & Soquel Drive

12 - 4 pm: Party in the Park

[Aptos Village Park](#)

Family Fun Day! Something for the whole family: kids games, face painting, pony rides, zorbs, bounce houses, kids crafts, food trucks, caterers, beer, wine and local favorite band Extra Large.

T-shirt Sales - Buy your t-shirts at the Aptos Chamber Office, Deluxe Foods, and Aptos Feed; youth sizes are \$10; adult sizes are \$15.

Santa Cruz - Harvey West Park [37th Annual Firecracker Run on July 4th](#)

The Rotary Club of Santa Cruz Sunrise will hold its full Firecracker race this year. Three courses are available and will be hosted at Harvey West Park (near Costco). You must register in advance.

8:00 am: Kid's 1K Fun Run

8:30 am: 10K Run

8:40 am: 5K Run

Registration fees support *Girls Inc. of the Central Coast*, which delivers life-changing programs and experiences that equip girls to overcome serious barriers to grow up strong, smart, and bold.

CALENDAR NOTES

Board Meetings -- All CDS HOA Board meetings are held on the first Monday of the month at 4 pm in the Clubhouse.

CDS Co-ed Book Club -- The Club is on a summer hiatus and will resume meeting in the fall.

Editor's Note - More web links have been inserted, many of which are highlighted in blue. In some cases, clicking on an image will take you to the relevant link. Your editor will continue to find ways to improve upon this feature over time.

RAINFALL TOTALS FOR LA SELVA BEACH

Rain season is October 1 to September 30.

Season to date 22.23 inches

Last year to date 15.47 inches

Last year total 15.67 inches

Rain data is current as of 2 pm on June 15, 2022, as reported in the [Santa Cruz Sentinel](#).

Summertime reading suggestions include:

- *Doc* by [Mary Doria Russell](#)
- *Lessons in Chemistry* by [Bonnie Garmus](#)
- *Wool* by [Hugh Howey](#)
- *Project Hail Mary* by [Andy Weir](#)

New members are welcome to join the club in the fall. To be added to the e-mail list for future meetings, contact: Judy Mathews at mathewsjc50@gmail.com



WANTED



Please submit anything you wish to share . . . family news, pets, travel, etc.

Send pics/info to:

LorraineMargon@gmail.com

Cabrillo College Cabrillo Stage
<https://www.cabrillostage.com/>
2022 SUMMER SEASON

AN ELECTRIFYING PRODUCTION OF
GREASE
THE MUSICAL
Book, Music, and Lyrics by Jim Jacobs and Warren Casey

JUNE 23 - JULY 10, 2022
PERFORMED IN THE CROCKER THEATER

LEONARD BERNSTEIN
CANDIDE
OPTIMISM, INNOCENCE AND THE UNEXPECTED LESSONS OF LIFE.

JULY 21 - AUGUST 14, 2022

HEALTH

COFFEE CONSUMPTION LINKED TO LOWER MORTALITY

A new study finds that drinking 1.5 to 3.5 cups of coffee--caffeinated or decaffeinated--per day reduces one's risk of death by up to 30 percent.



To draw this conclusion, researchers analyzed data collected from over 170,000 people in the UK between the ages of 37 and 73 over a median seven-year period. Data analyzed included coffee consumption, demographic, lifestyle, and dietary information.

To learn more, read the full article in the New York Times [here](#).

DIEGO RIVERA

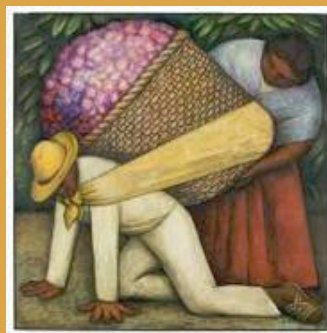
Experience his America

Discover Diego Rivera's vision for the Americas through more than 150 works of art.

Tickets:
sfmoma.org

Opens July 16, 2022

SF^{MO}MA



AND NOW, A MESSAGE FROM STARBUCKS:

As of June 1, California law requires us to offer single-use serveware only when requested. In accordance with this new law, our baristas will no longer pass out straws, cutlery, or splash-sticks unless you request them at the drive-thru window or in our cafés.



We're happy to provide you any of these items if you need them, please just ask us.



HELPFUL INFORMATION

Cañon del Sol Community Website

<http://www.canondelsol.com>

username: cds | password: surfandsun

CDS Board of Directors

President	Bob Carpenter
Vice President	Judy Mathews
Treasurer	Colin Tierney
Secretary	Jesse Fielding
Director-at-large	Bruce Margon

CDS Property Management Company

Anderson & Company, Inc.

783 Rio Del Mar Blvd., Suite 59, Aptos, CA 95003

831.688.1090 | general@acomgt.com

CDS Property Manager

Tom Hewett | 831.722.4048 | CDS@acomgt.com

CDS Clubhouse

400 Abalone Drive, La Selva Beach, CA 95076

Marine Mammal Rescue: 831.633.6298

Allied Universal Security - Patrol Division

831.684.1111

Police/Sheriff - Non-emergency

831.471.1121

CalFire - Be Ready

www.readyforwildfire.org/prepare-for-wildfire

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*Please send in your
comments, news,
announcements
and photos!*